

Diwali

*Light Lamps and
Illuminate the Darkness*



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Papers / Articles Published



Kudos!

Awards, Patents & Recognitions

Mr. Rahul Kumar, Dr. Sangeeta Rani, Mr. Sanjeev Kumar
Faculty Members from Department of Education, Faculty of Education has published a Research Paper " Scenario of Current Environmental Issues and Challenges in India " in (IJNRD) International Peer Reviewed & Refereed Journals, Open Access Journal & ISSN: 2456-4184 , Impact factor: 8.76,Page No : d585-d589 Volume 9 | Issue 9 | September-2024.

Shutterbug



Prof. (Dr.) Abhay Shankaregowda
Dean, Faculty of AYUSH



Dr. Gaurab Sharma
Faculty of Management & Commerce



DR. POONAM RATHOR
Centre for Distance and Online Education

NEWS FLASH

INDEPENDENCE DAY OF UNITED INDIA 2024

Subharti University Celebrates October 21 as Independence Day, Honoring the Legacy of the Azad Hind Government



Swami Vivekanand Subharti University has been celebrating October 21, 2024 as the Independence Day of United India with utmost passion and vigor to honor the development of the Azad Hind Government by Subhash Chandra Bose, a key moment in the fight for India's Independence that symbolizes true freedom and self-determination. This date marks the formation of a provisional government-in-exile in 1943, representing a bold step towards a liberated India.

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GUEST LECTURE ON "ART OF DRAFTING, PLEADING AND CONVEYANCING"



Sardar Patel Subharti Institute of Law, SVSU organized a guest lecture on "Art of Drafting, Pleading & Conveyancing" on September 26, 2024. Hon'ble Justice Rajesh Chandra Former Judge High Court of Judicature at Prayagraj was the Guest Speaker. The lecture started at 11.30 am with the brief introduction of the University and welcome of the participants by Prof. (Dr.) Reena Bishnoi, Events Coordinator and she welcomed the Guest Speaker.

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SWACHATA ABHIYAN UNDER 'SWACHHATA HI SEWA ABHIYAN'

The National Service Scheme volunteers of Swami Vivekanand Subharti University took out a cleanliness rally in the service lane of NH-58 and cleaned the footover bridge and service lane located on NH-58 under Swachhata Hi Seva Abhiyan-2024.



During this, these volunteers also gave the message of clean India, healthy India to the people coming and going.

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SPEECH COMPETITION BY NSS

National Service Scheme Cell of Swami Vivekanand Subharti University, Meerut organized a speech competition on the topic of Self-reliant India under the Seva Pakhwada campaign of Uttar Pradesh Government following the guidelines of Higher Education Department, Government of Uttar Pradesh. Students of all faculties of the university participated enthusiastically in this competition.

This program was organized in the auditorium of the Department of Journalism and Mass Communication of the University under the joint auspices of NSS Cell and Department of Journalism and Mass Communication.

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CAREER OPPORTUNITIES AND ENTREPRENEURSHIP IN THE FIELD OF YOGA AND NATUROPATHY

Maharshi Aurbindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut, is Organizing a Career Counseling Session on Career Opportunities and Entrepreneurship in the field of Yoga and Naturopathy at 10:00 AM on October 5, 2024. Dr. Niraj Nayan Rishi, Assistant Professor at MASCHNYS, introduced the resource person, Dr. Moirangthem Ghanapriyari Devi (BNYS, MD, SRF at CCRYN Delhi), an expert in Yoga and Naturopathy.

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सूर्याश सुस्वागतम्

अंबर से धरा पर, कमल खिल उठा
नव सूर्याश, बादलों से चमक उठा ।
इंद्र धनुष, सप्त रंग छितिज में बिखर उठा
ममता का आँचल महक उठा
किलकारियो की गूंज से, घर आंगन चहक उठा
ममत्व का सागर छलक उठा
स्पर्श - स्नेह, उंगलिया मुठ्ठी में भर उठा
धरती स्वागतम्, स्वर्ग धरा बन उठा
देवपद, चरण, स्पर्श बन उठा
अंबर से धरा पर, कमल खिल उठा
नव सूर्याश, बादलों से चमक उठा ।



Er. Guru sewak Kesharwani

Assistant Professor, SITE, SVSU
Department of Mechanical Engineering

QUOTE BY THE ENVIRONMENTAL COMMITTEE

*If the environment is happy,
people will laugh and your grief
will go away.*

-Srinivas Mishra



मैं जब भी रूठू आपसे

मैं जब भी रूठू आपसे, तो आप भी मना लिया करो ना
कब तक तेरा तेरा करते रहोगे, कभी हम भी बना लिया करो ना।

हमारा रिश्ता एक तराजू की तरह का है,
कभी मैंने शिकवा किया कभी आप भी अपनी शिकायत कर दिया करो ना
मैं तो हमेशा से आपकी ही हूँ, कभी आप भी अपना बना लिया करो ना

यू तो ज़िंदगी कट रही है दोनों की अच्छे से,
कभी कभी इसको और बेहतर बना दिया करो ना
यू तो मैं भी बिना बात के गुस्सा हो जाऊ आपसे, कभी कभी बिना बात के भी
मना लिया करो ना

रसोई सम्भालने का ज़िम्मा तो मेरा ही है, कभी तुम भी खाना बना दिया करो ना
बाहर के काम आप बखूबी निभा लेते हो,
जब थक जाओ तो कुछ ज़िम्मा मुझे भी दिया करो ना

कमियाँ तो सभी गिनवाते है मेरी, कभी मेरी खूबियाँ भी बताया करो ना
कब तक पराये घर की आयी बनूँगी, कभी रानी का औधा भी दिया करो ना

हो जाये गलती कभी मुझसे, कभी प्यार से समझा दिया करो ना
जब भी न समझू जज्बात आपके, कभी बेवजह भी गले लगा लिया करो ना

मैं जब भी रूठू आपसे, तो आप भी मना लिया करो ना
कब तक तेरा तेरा करते रहोगे, कभी हम भी बना लिया करो ना।



Dr. Anshu sirohi

Assistant professor

Faculty of management & commerce

Life - Simple and Loving

We are drowning ourselves by overthinking everything. The next time we find ourselves overthinking or beating ourselves over something, picture something simple and put no thought into it.



Dr. Himanshu Agarwal

Assistant Professor

Subharti Polytechnic College

Look at the trees moving in the wind or take a moment to look at how beautiful this world is. This world is too beautiful for us to waste our time in unnecessary thoughts that are just drowning us.

I handled it so well.

Yes, because no one noticed the quiet tears I wiped away when no one was looking.

No one heard the loud screams echoing inside my head, the ones I buried deep so no one would ask if I was okay. I learned to smile, to keep it all together when inside I felt like I was falling apart. I didn't ask for help because I was too used to being the one people leaned on. No one saw the weight I carried, but I carried it nonetheless, hoping one day it would get lighter.

Through all those silent battles, I found a quiet strength I never knew I had. I became my own shoulder to lean on, my own hand to hold when the nights felt too long. It wasn't easy, but I survived. I'm still here, and somehow, that feels like victory. I'm not unbreakable, but I've learned that it's okay to be fragile and still stand tall.

Maybe that's what real strength is continuing even when the world doesn't see the war we are fighting.

“KHADI RAAG” FASHION SHOW



The Department of Fashion and Textile Design, Nandlal Bose Subharti College of Fine Arts and Fashion Design at Swami Vivekanand Subharti University hosted an exclusive fashion show, Khadi Raag, on 4th October 2024, as part of the two-day Khadi Utsav.

The event, held at the Satyajit Ray Auditorium, celebrated India's rich legacy of Khadi and other handloom fabrics, merging tradition with modern fashion through the creative designs of students.

The fashion show was graced by Mr. Tapan Sharma, Deputy Director, Weavers' Service Centre, Meerut,

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WORLD CEREBRAL PALSY DAY



Every year on 6th of October, this day proposes general awareness, empowerment and independence for the Cerebral palsy patients.

In 2024, Jyotirao Phule College of Physiotherapy once again took a charge of celebrating this day, organized a camp, and a display station in order to reach the masses to make them aware about this particular disorder.

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क्रोध पर काबू.....(तरीका) 🙏

क्रोधसोमवार को आये,
तो कहना कि सप्ताह की शुरुआत है
आज नहीं करूँगा। 🙏

क्रोधमंगलवार को आये,
तो बोलना कि
मंगल में अमंगल क्यों करूँ ?

क्रोधबुध को आये,
तो कहना कि बुध तो शुद्ध है
इसे अशुद्ध क्यों करूँ?

क्रोधगुरुवार को आये,
तो बोलना आज तो गुरु का दिन है,
मन में शान्ति रखना है। 🙏

क्रोधशुक्रवार को आये,
तो कहना कि शुक्र को तो
शुक्रिया अदा करना है भगवान का। 🙏

क्रोधशनिवार को आये,
तो सोचना कि शनि के दिन घर में
शनिचर क्यों आयें?

और क्रोधरविवार को आये,
तो कहना-
आज तो छुट्टी का दिन है। 🙏

🙏 खुश रहिये, मुस्कुराते रहिये और हाँ, कभी क्रोध न कीजिये 🙏

डॉ. पूनम राठौर

सहायक आचार्य, दूरस्थ शिक्षा विभाग
स्वामी विवेकानन्द सुभारती विश्वविद्यालय मेरठ।

ALUMNI MEET: DEPT. OF PHYSICAL EDUCATION



Alumni Meet was organized with joy and enthusiasm on 14 October 2024 in the Physical Education Department of Swami Vivekanand Subharti University. In this program, alumni of the Department of Physical Education gathered and shared their experiences.

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RAMDHARI SINGH DINKAR SAHITYA SEVA SAMMAN 2024



Dr. Seema Sharma, Associate Professor and Head of the Department of Hindi, Faculty of Arts and Social Sciences at Swami Vivekanand Subharti University.

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CERTIFICATE OF APPRECIATION TO PROF. (DR.) SARTAJ AHMAD



Prof. Dr. Sartaj Ahmad Deptt. of Community Medicine, Subharti Medical College Meerut received a certificate of appreciation.

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SPECIAL GUEST LECTURE ON "NEW AGE CAREER OPTIONS IN THE LEGAL FIELD"

On 28th September 2024, the Faculty of Law at Swami Vivekanand Subharti University, Meerut, organized a highly engaging guest lecture on the topic "New Age Career Options in the Legal Field." The event provided students with valuable insights into emerging and unconventional career paths in law.

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SWACHHATA HI SEVA CAMPAIGN



In support of the Swachhata Hi Seva Campaign (17th September 2024 to 1st October 2024), Sardar Patel Subharti Institute of Law organized activities to promote environmental awareness and sustainability among students and faculty. This session was organized on 8th October 2024 from 11:00 AM TO 12:00 PM.

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"FDP ON ADVANCE TREATMENT PROTOCOL IN THE FIELD OF YOGA AND NATUROPATHY"

Nabzz write up "FDP on Advance treatment protocol in the field of yoga and Naturopathy" Maharishi Aurobindo Subharti College and Hospital of Naturopathy and yogic Sciences, organized a Faculty Development Programme on "Advance treatment Protocol in the field of Yoga & Naturopathy for Social Media" on 14th October 2024.

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AN AWARENESS PROGRAM ON FRENCH LANGUAGE

An Awareness Program on French Language
Organized by
Rahul Sankrityayan Subharti School of Linguistics and Foreign Languages
Faculty of Arts and Social Sciences
In collaboration with
Subharti Institute of Management and Commerce

An awareness program on French language was organized by Rahul Sankrityayan Subharti School of Linguistics and Foreign Languages under the Faculty of Arts and Social Sciences of Swami Vivekananda Subharti University, Meerut on 08 October 2024.

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मेरी प्यारी गुड़िया

तुमसे पहले मैं पूरी दुनिया देखना चाहती हूँ, फिर जिस लम्हे में तुम्हें देखूँ सब भूलकर तुम्हें अपनी दुनिया कहना चाहती हूँ, तुम्हारे उन नन्हे हाथों को अपने हाथों में लिए सहलाना चाहती हूँ, तुम्हारे नन्हे कदमों में छनक ती हुई पायल पहनाना चाहती हूँ, तुम्हारी तुतलाती हुई आवाज़ में “माँ” सुनने का लुत्फ़ उठाना चाहती हूँ, तुम्हें बढ़ता देख तुम्हारे ज़रिए हर लम्हे को दोहराना चाहती हूँ, तुम्हारी मुस्कुराहटों का छायाचित्रक बनना चाहती हूँ और तुम्हारे आँसुओं को अपने में समा लेना चाहती हूँ।

ये दुनिया इतनी खूबसूरत है कि अपनी कहानियों में तुम्हें मेरा देखा हुआ हर प्राकृतिक दृश्य सुनाना चाहती हूँ, चाहे वो समुद्र की गहराइयों में गोते लगाने का हो या ऊँचे-ऊँचे पहाड़ों को चढ़ने का। तुम्हें जीने के मायने समझाकर अपनी गलतियों से बहुत कुछ सिखाना चाहती हूँ, तुम्हें जीवन में बहुत कुछ करते देखना चाहती हूँ। कभी किसी चीज़, किसी मायने को लेकर तुम जो उदास हो अगर, चाहती हूँ मैं तुम, तुम शिकवों से बढ़कर वो बदलाव बनो जिसे पाने की तुममें इच्छा हो।

मैं ये भी चाहती हूँ कि तुम बहुत से दोस्त बनाओ, बिना किसी भेदभाव के, बिना आक्रोश के सबसे दोस्ती का हाथ बढ़ाओ, कुछ उनकी कहानियाँ सुनो और कुछ अपनी सुनाओ, खूब यादें इकट्ठा करो, कुछ अच्छी, कुछ बुरी, कुछ मजेदार, तो कुछ थोड़ी सी रुआसा। और इन सब यादों को समेटकर हमेशा अपने करीब रखो।

जब भी लगे तुम्हें कि आगे का रास्ता थोड़ा कठिन है, मंजिल है, पर आज थोड़ी धुंधली सी है, घबराओ मत, मेरा हाथ थामो और चल दो, इस विश्वास के साथ कि तुम्हारी माँ हमेशा तुम्हारे साथ है। रास्ते चाहे कितने भी पत्थरिले हो जाएं, मंजिल चाहे खुद से थोड़ा दूर होने लगे, मुझे हर पल अपने उतना ही करीब पाओगी और हाँ हर पल को खुलके जियो, क्योंकि क्या पता कल हो न हो।
तुम्हारी माँ

Laushikha Vohra

MBBS Student, 2nd year
Subharti Medical College

INTERNATIONAL RIGHT TO INFORMATION DAY & CONFERENCE



In viewing the need for preparing a competent cadre of experts having adequate knowledge of the rules and regulations regarding the RTI Act 2005, the RTI Institute of India, organized a conference on 28.09.2024 on the occasion of International Right to Information Day at Conference Room No. 2, India International Centre, 40 Max Mueller Marg, Lodhi Estate, New Delhi.

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KHADI EXHIBITION



On the second day of the ongoing two-day Khadi Utsav, the Department of Fashion and Textile Design at Nandlal Bose Subharti College of Fine Arts and Fashion Design, Swami Vivekanand Subharti University, organized an exhibition of Khadi and handloom products.

The exhibition was inaugurated by the Chief Executive Officer, Dr. Shalya Raj, along with Dr. Anjali Khare, Dr. Archita Kansal Tiwari, Principal of the College of Fine Arts, Dr. Pintu Mishra, and Head of the Fashion and Textile Design Department, Dr. Neha Singh.

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WORKSHOP ON "TRAINING SESSION ON E-CONTENT DEVELOPMENT"

Training Session on E-Content Development was organized by Ms. Ana Sisodia, Assistant Professor and Convenor-Literary Club, Sardar Patel Subharti Institute of Law, to familiarize the faculty with the use of advanced technology, particularly OBS Studio, in order to enhance teaching methodologies. The session aimed to improve the technical proficiency of the faculty in using ICT tools, ensuring they can deliver more engaging, interactive, and modern educational e content to students.

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WORKSHOP ON ROAD SAFETY AWARENESS

As per the instructions of Uttar Pradesh Government, National Service Scheme Cell of Swami Vivekanand Subharti University organized a workshop on Road Safety Awareness under Road Safety Fortnight. In this workshop, Meerut Traffic Police In-charge Vinay Kumar Shahi and Senior ARTO Rajesh Kumar Kardam alongwith Secretary of Mishika Society for Traffic Awareness Sunil Kumar Sharma were the keynote speakers.



The program was started traditionally by lighting the lamp. Welcoming the guests, NSS Program Coordinator Prof. (Dr.) S.C. Thaledi said that spreading awareness about road safety has become a very important demand of today's time, because today both educated and uneducated people are driving on the road without paying attention to safety.

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STUDENT'S VISIT TO SEWAGE TREATMENT PLANT AND WASTE MANAGEMENT SITE



As part of the university's commitment to sustainability and resource management, the students of the Faculty of Law, Sardar Patel Subharti Institute of Law



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GUEST LECTURE ON ENTREPRENEURSHIP IN THE FIELD OF YOGA & NATUROPATHY



Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on Entrepreneurship in the Field of Yoga & Naturopathy for all U.G and PG students.

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IMPORTANCE OF METEOROLOGY IN ADDRESSING GLOBAL CHALLENGES

A guest lecture was organized on the topic "Importance of meteorology in addressing global challenges" under the joint aegis of Ganesh Shankar Vidyarthi Subharti Department of Journalism and Mass Communication and Keral Verma Subharti Science College.

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REFRESHER COURSE ON "CARDIAC REHABILITATION"

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized a Refresher Course on "Cardiac Rehabilitation" at 10:00 AM on October 17 2024.

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ON CAMPUS PLACEMENT DRIVE OF SIAC SKH INDIA CABS MANUFACTURING PVT. LTD.



The Training, Placement, and Industry Interface Department of Subharti University recently hosted a successful on- campus placement drive of Siac SKH India Cabs Manufacturing Pvt. Ltd. on 15/10/2024.

Students eagerly awaited their chance to showcase their skills and knowledge to the recruitment team from Siac SKH India Cabs Manufacturing Pvt. Ltd..

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WORKSHOP ON USE OF “NATURAL HERBS FOR HEALTHY LIVING”

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and yogic Sciences, organized a Workshop on use of “Natural Herbs for Healthy Living” on 14th October 2024. In over all session the topic was discussed about the health benefits of commonly available Naturals Herbs which will keep the body and mind healthy with certain rules that will help which provide health.

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Thank you for your comments, feedback and your contributions. Subharti Nabzz is aimed at establishing an Internal Communication channel. It is important to note that this is a two-way channel.

We invite you to share your thoughts, ideas and feedback. Please send us an email at nabzz@subharti.org.

We hope you enjoyed reading the wonderful poems and the content of this issue. Looking forward to receiving your contributions for the next issue.



SOUTH KOREA HOSTS INTERNATIONAL HI-WELLNESS FESTA: SVSU DELEGATES SHINE



The Government of South Korea successfully organized the International HI-Wellness Festa from October 3rd to 6th, 2024, at Yeongdeok-gun, Gyeongsangbuk-do.

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WORKSHOP ON MASTERING INTERVIEWS AND CRACKING GUESSTIMATES

The Training, Placement, and Industry Interface Department of Subharti University, in collaboration with Altera, conducted an insightful workshop titled "Mastering Interviews and Cracking Guesstimates" on 18/10/2024. The event was held at the Subharti University campus and witnessed enthusiastic participation from students across various disciplines.

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EXTENSION AWARENESS ACTIVITY: RULES OF ROAD SAFETY AND TRANSPORT



The primary objective of the road safety and transport awareness session was to educate students about the importance of following road safety rules and regulations. The session aimed to instill a sense of responsibility among students as future citizens of India. The specific goals included:

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GUEST LECTURE ON 'ELECTORAL AWARENESS AMONG YOUTH TO STRENGTHEN DEMOCRACY'



A guest lecture was organized on the topic 'Electoral awareness among youth to strengthen democracy' courtesy of Swami Vivekanand Subharti University's NSS, Electoral Literacy Club and Ganesh Shankar Vidyarthi Subharti Department of Journalism and Mass Communication, in which Mr. Vineet Agarwal Sharda (social and political activist) was the keynote speaker.

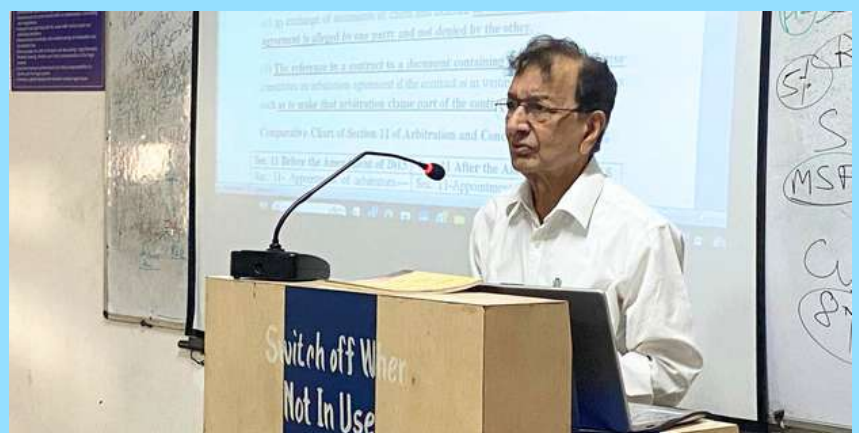
Vineet Sharda said that India is the world's largest youth country, if anyone can take the country forward, it is the youth power.

[Click to read full news](#)

GUEST LECTURE ON "ARBITRATION: AN OVERVIEW"

Sardar Patel Subharti Institute of Law,
Swami Vivekanand Subharti University,
Meerut Organizes Guest Lecture on
Arbitration: An Overview under the
leadership of Prof. (Dr.) Vaibhav Goel
Bhartya, Dean, Subharti Institute of Law on
08/10/24 at 11:00 AM onwards. The session
started by Dr. Sarika Tyagi, Associate
Professor, Faculty of Law by welcome
address of the speaker and attendees.

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YOGA PROTOCOL ON PRE & POST NATAL CARE

Faculty Development Program
on

“YOGA PROTOCOL ON PRE & POST NATAL CARE”



Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized a Faculty Development Program on “Yoga Protocol for Pre & Post Natal Care” at 2:00 AM on 15th October 2024.

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AWARENESS PROGRAMME ON CANCER “PINK MARATHON”

Pink Marathon: A Call to Action against Cancer

In a powerful display of solidarity and commitment to cancer awareness, Subharti Institute of Cancer Management and Research, Swami Vivekanand Subharti University hosted the inaugural “Pink Marathon” on Tuesday, October 15, 2024. The event, held under the banner of “Pink Marathon Run for Cancer Awareness Shout Out to Fight Out,” aimed to raise awareness about breast cancer and galvanize the community to take action.

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NSS VOLUNTEERS OF SUBHARTI PARTICIPATED IN THE INTERNATIONAL CONFERENCE IN DELHI

NSS volunteers of Swami Vivekanand Subharti University participated in the one day conference on International Abhidhamma Diwas and Relevance of Pali organized by the Ministry of Culture, Government of India at Vigyan Bhawan, New Delhi. Prime Minister Narendra Modi was the chief guest at this conference which is organized in collaboration with the International Buddhist Confederation.

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INAUGURATION OF ANNUAL SPORTS FESTIVAL: "SPANDAN 2024"



Spandan 2024 annual sports festival was inaugurated grandly under the auspices of the Sports Committee of Swami Vivekanand Subharti University. This festival will be organized from 17th to 19th October 2024 at General Mohan Singh Sports Ground. Under this program, the first day started with volleyball and basketball games.

Chief Executive Officer of the University Dr. Shalya Raj and Vice Chancellor Major General Dr. G.K. Thapliyal were the chief guests in this program.

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FDP ON ADVANCE TREATMENT PROTOCOL IN THE FIELD OF YOGA AND NATUROPATHY

Faculty Development Program
on
"ADVANCED TREATMENT PROTOCOL IN THE FIELD OF YOGA & NATUROPATHY"

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized a Faculty Development Program on "Advanced treatment protocol in the field of yoga and Naturopathy" at 3:00 PM on 14th October 2024.

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WORLD MENOPAUSE DAY



The awareness program on "World Menopause Day", 18th October, 2024 was organized by the Women Empowerment Committee, in collaboration with Obs. and Gynecology Department, Subharti Medical College, SVSU. The theme of this program was "Menopause Hormone Therapy". It was organized to sensitize the women experiencing menopause, health care professionals, students, non-teaching female employees and anyone interested in supporting women's health'.

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CARROM COMPETITION: SPANDAN 2024

Carrom competition (indoor game) was organized on October 18, 2024, the second day of the Spandan 2024 annual sports festival running under the aegis of the Sports Committee of Swami Vivekanand Subharti University. The carrom competition was inaugurated by Lieutenant Professor Dr. Sandeep Kumar, Chairman of the University Sports Committee and Dean of the Faculty of Education.

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GUEST LECTURE ON GENDER SENSITIZATION



The Department of Paramedical Sciences in the collaboration with University Sensitization Cell organized the guest lecture on Bridging the Gap: The Path to Gender Equality in Education and Beyond" for newly admitted all students. The resource person for the said program was Dr. Brahm Kumar Tiwari Associate Professor, School of Allied and Health Sciences, SGT University, Gurugram.

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INTERNATIONAL SYMPOSIUM ON “ENTREPRENEURSHIP”

The University Entrepreneurship Development Cell of Swami Vivekanand Subharti University organized an International Symposium on “Entrepreneurship: Fostering Innovative Mindsets for Global Success” on

22nd October 2024 at the Satyajit Ray auditorium which was a thought-provoking event that brought together leading experts to discuss entrepreneurial strategies and innovations.

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BEST ACADEMICIAN AWARD

Dr. Nisha Rana, Assistant Professor (Zoology), Research and Development Cell has been awarded by “Best Academician Award” in the International Conference “AGRITECH INTELLIGENCE AND BEYOND: CUTTING EDGE INNOVATIONS IN AGRICULTURE AND, ALLIED SCIENCES” during 15-17 October 2024.

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SUBHARTI ANIMATION FEST 2024

Subharti Animation Fest 2024 – A Celebration of Creativity and Talent



The Department of Animation proudly hosted Subharti Animation Fest 2024 on October 22nd and 23rd, under the esteemed guidance of Principal Prof. Dr. Pintu Mishra and Head of Animation Department Dr. Vidhi Khandelwal. This vibrant event, dedicated to celebrating the artistic achievements of students, welcomed a distinguished lineup of guests and showcased an array of captivating performances.

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FDP ON ADVANCE TREATMENT PROTOCOL IN THE FIELD OF YOGA AND NATUROPATHY

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized a Faculty Development Program on "Advanced treatment protocol in the field of yoga and Naturopathy" at 3:00 PM on 14th October 2024.

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ELECTORAL AWARENESS AMONG YOUTHS



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ANIMATION FEST 2024 | SUBHARTI UNIVERSITY



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INTERNATIONAL SYMPOSIUM ON “ENTREPRENEURSHIP: FOSTERING INNOVATIVE MINDSETS FOR GLOBAL SUCCESS”



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STARTUP : ROLE OF HIGHER EDUCATION INSTITUTIONS



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SPECIAL INTERACTION SESSION ON WOMEN’S HEALTH



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**YES! ITS THAT
TIME OF THE YEAR
OF DIWALI
FESTIVITIES!**



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**INDIA IS WELL ON
ITS WAY TO
BECOMING विकसित
भारत - विश्वगुरु भारत**



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**A SPECTACULAR
CELEBRATION OF
ENERGY,
SPORTSMANSHIP,
AND TALENT.**



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INTERNATIONAL CONFERENCE ON BUDDHISM IN INDIA



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RECLAIMING OUR HISTORY: SUBHARTI UNIVERSITY CELEBRATES OCTOBER 21 AS THE DAY OF TRUE INDEPENDENCE



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SPANDAN ANNUAL SPORTS FEST DAY 2



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DAY 3 OF SPANDAN FEST 2024



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NUKKAD NATAK COMPETITION



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MENOPAUSE HORMONE THERAPY | WORLD MENOPAUSE DAY | DR. SMRITI (HOD, OBS & GYNAE, SUBHARTI HOSPITAL)



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**ROAD SAFETY IS A
SHARED RESPONSIBILITY.
LET'S ALL DO OUR PART.**



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**ENHANCE YOUR
COMMUNICATION
SKILLS WITH FRENCH.**



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**✈ EXPERIENCE THE
BEAUTY OF OUR PLANET
THROUGH STUNNING ART
AND PHOTOGRAPHY.**



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भारत विभाजन की विभीषिका को वास्तव में झेलने वाले एक विस्थापित श्री पी. एल. मेहता अपना दर्द बयां करते



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ANIMATION FEST WAS A CRAZY ONE!



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OUR ANNUAL CULTURAL FEST ENDED ON A DAZZLING NOTE WITH A BOLLYWOOD-INSPIRED FASHION SHOW!



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KHADI RAAG : AN EXCLUSIVE FASHION SHOW | SUBHARTI UNIVERSITY



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THE SCIENCE OF DIWALI AND THE WISDOM OF LORD DHANVANTARI

HARSHA LOHANI

Content Writer, IT Department

It's that time of the year when the entire nation goes about reveling in the festival of lights, the five-day-long celebration of Diwali is symbolic of the triumph of good over evil, light over darkness. Diwali is not just a festival, it's an emotion at large that unifies us all. Diwali is more than just a religious festival though. It is also a festival that celebrates the science of Ayurveda. What makes the Festival of Lights unique is its quality of transcending mythology to offer practical scientific solutions that stay relevant even in modern life. The science behind the festival of lights is ironically something the majority of us are blind to. Yet, educating ourselves about it will help us celebrate the festival even more consciously.



The Scientific Significance of Lighting a Lamp

The deadliest animal on earth isn't a lion or tiger, but a mosquito, and many people still die of malaria. In Delhi, during Diwali and the winter season, air pollution increases due to a drop in temperature and reduced human activity. The traditional solution of lighting Diyas with ghee, mustard oil, or sesame oil is known to heal and purify the environment around. The diyas are believed to protect families spiritually and physically as is even justified by the science behind it.

Lord Dhanvantari: The Father of Ayurveda

Diwali is a wholesome celebration of 5 days, the onset of which is marked by the day of Dhanteras, the 13th day of the month of Karthika according to the Hindu Lunisolar Calendar. Lord Dhanvantari, an incarnation of Lord Vishnu and the Father of Ayurveda is worshiped on this day. The word Dhanavantari is almost synonymous with a doctor today as the deity is symbolic of the science of Ayurveda which holds the key to long and healthy living.

Traditionally speaking, Lord Dhanvantari is believed to have been born as a result of Samundra Manthan, the same way Goddess Laxmi emerged. With a pot of nectar (of immortality) in one hand and the Ayurveda Granth in the other, Lord Dhanvantari is symbolic of the scientific wisdom of health, wellness, and vitality. While the teachings of Ayurveda go back to ancient times, the relevance of the knowledge still holds true in modern healthcare.

Ayurveda and Diwali

As Diwali coincides with the onset of winter, the change in weather and climatic conditions causes a huge imbalance in our surroundings and our body's functioning, making us susceptible to many diseases. The time of winter is also a time when our life processes slow down, making us more susceptible to minor negative changes in our environments. The five-day-long celebration of Diwali helps us restore the lost balance and find the energy and activeness to function normally and thus enables us to celebrate seasonal changes as well. The Science of Ayurveda focuses on slow and natural healing, which is reflected in every ritual and tradition we perform during Diwali festivities.



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देशनायक का संघर्ष

कोई कैसे भुला सकता है उस विराट व्यक्तित्व को जिसके जीवन का प्रत्येक क्षण, प्रत्येक विचार, प्रत्येक कार्य देश की माटी को समर्पित था; जो अदम्य साहस की प्रतिमूर्ति था; जिसके नेतृत्व, त्याग व बलिदान का उदाहरण विरले ही देखने को मिलता है — इतिहास में सुभाष जैसा व्यक्तित्व सदियों में एक बार आता है। सुभाष बाबू सही अर्थों में राष्ट्रनेता थे, और इसीलिए ही विश्वकवि रवींद्रनाथ टैगोर ने उन्हें 'देशनायक' कहकर सम्बोधित किया। वास्तव में यह हम देशवासियों का सौभाग्य है कि सुभाष ने इसी भारत भूमि में जन्म लिया। इस राष्ट्र के लिए उन्होंने जो कुछ किया, उसका ऋण चुका पाना असंभव है।



सुभाष की जीवन गाथा असंख्य संघर्षों की कहानी है। वे देश में रहे हों या देश के बाहर, स्वतंत्र भारत के महान स्वप्न को साकार करने के मार्ग में अनेक बाधाओं का सामना उन्होंने किया। कांग्रेस के भीतर ही उन्हें विरोध का सामना करना पड़ा। यहाँ तक कि 1939 में उन्हें कांग्रेस का दोबारा अध्यक्ष चुन लिए जाने के बाद भी कई वरिष्ठ नेता उनकी कार्यशैली व उनकी विचारधारा के विरुद्ध थे। उन नेताओं में से एक गांधीजी भी थे। 16 मई 1939, हज़रा पार्क, कलकत्ता में हुए सुभाष बाबू के भाषण से स्पष्ट होता है कि किस प्रकार उन्होंने कांग्रेस में समन्वय स्थापित करने की हर संभव कोशिश की, और किस प्रकार पार्टी में उनके खिलाफ हो रही राजनीति के कारण आखिरकार अध्यक्ष पद से उन्हें इस्तीफा देना पड़ा। उन्हीं के शब्दों में, "मैंने महात्मा गांधीजी से कहा कि यह बिलकुल स्पष्ट है कि दूसरों को मेरा प्रस्ताव किसी भी तरह से स्वीकार्य नहीं है। दूसरे पक्ष से किसी भी प्रकार के समझौते या सहयोग की पूर्ण अनुपस्थिति में, भविष्य में हम साथ काम कैसे कर सकते हैं। एक ऐसा अध्यक्ष बनने की मेरी कोई इच्छा नहीं है जो काम न कर सके और केवल पद पर बना रहे। अतः मैं ऑल इंडिया कांग्रेस कमिटी को अपना त्याग-पत्र सौंपता हूँ। ... कांग्रेस के भीतर संकट को टालने और एक सम्मानजनक समझौते तक पहुँचने के सारे संभव प्रयास कर लेने के बाद, आत्म-सम्मान तथा देश के प्रति सम्मान व कर्तव्य के कारण यह अपेक्षित था कि मैं त्याग-पत्र दे दूँ।"



सुभाष अंग्रेजों द्वारा देश को डोमिनियन स्टेट्स दिये जाने के सख्त खिलाफ थे। वे भारत की पूर्ण स्वतंत्रता के पक्षधर थे, और इससे कम उन्हें कुछ भी स्वीकार्य न था। दिसंबर 1928, कांग्रेस के कलकत्ता सत्र के अपने भाषण में उन्होंने कहा, "... इस देश में राष्ट्रीय आंदोलन के आरंभ से ही हमने स्वतंत्रता की व्याख्या सदैव पूर्ण स्वतंत्रता के रूप में की है। हमने इसे डोमिनियन स्टेट्स के अर्थ में कभी नहीं लिया। हमारे अनगिनत देशवासियों के बलिदान के बाद, हमारे कवियों द्वारा उस एक अकाट्य सत्य की प्रेरणा देने के बाद, हमने स्वतंत्रता को पूर्ण स्वतंत्रता के रूप में समझा है। डोमिनियन स्टेट्स की बात हमारे देशवासियों, बड़ी होती हमारी युवा पीढ़ी को ज़रा भी प्रेरित नहीं करती ...।"



उग्र राजनीतिक विचारों वाले सुभाष की सोच कांग्रेस के नेताओं से एकदम अलग थी। यह पूरी तरह एक क्रांतिकारी सोच थी। दिसंबर 1929 में कांग्रेस के लाहौर सत्र के दौरान उन्होंने कहा, "मेरा कार्यक्रम पूर्ण बहिष्कार का है। ... हो तो पूर्ण बहिष्कार हो या फिर कुछ भी ना हो। मैं एक अतिवादी हूँ और मेरा सिद्धांत है — सब कुछ या कुछ भी नहीं।"

सुभाष का मानना था कि द्वितीय विश्व युद्ध की परिस्थिति का लाभ लिया जाना चाहिए क्योंकि इस समय ब्रिटिश साम्राज्य कमज़ोर स्थिति में है। वे ऐसे समय पर भारत द्वारा ब्रिटेन को किसी भी तरह की मदद दिए जाने के खिलाफ थे। 25 अप्रैल 1942 को जर्मनी से प्रसारित आज़ाद हिंद रेडियो पर उन्होंने कहा, "ऐसे नाजुक दौर में हर एक भारतीय का कर्तव्य है वह ब्रिटेन के शत्रुओं का साथ दे। ब्रिटेन के शत्रु हमारे मित्र हैं।"

सुभाष की नीति अंग्रेजों के साथ सीधे टकराव की थी, जो कि कांग्रेस की नीति से पूर्णतः भिन्न थी। सविनय अवज्ञा आंदोलन को उन्होंने अपर्याप्त माना। वे जानते थे कि भारत अपनी आज़ादी सशस्त्र संघर्ष के ज़रिये ही पायेगा। 19 जून 1943 को टोक्यो के इम्पीरियल होटल में आयोजित एक प्रेस कॉन्फ्रेंस में उनके वक्तव्य का एक अंश — " ... मात्र सविनय अवज्ञा ब्रिटिश सत्ता को उखाड़ फेंकने के लिए अपर्याप्त है। जैसे ब्रिटिश सरकार को संगीनों की ताकत पर भरोसा है, हमें भी उन्हें पूरी तरह परास्त करने में संगीनों का इस्तेमाल करना होगा। जैसे दुश्मन हमारे सामने तलवार निकाले खड़ा है, हमें भी उससे केवल तलवार की मदद से ही लड़ना होगा। ... अहिंसा महात्मा गांधी का जीवन-भर सिद्धांत रहा है। लेकिन जहाँ तक जनसामान्य की बात है, उनके लिए यह केवल एक युक्ति है, एक अस्थायी युक्ति, एक युक्ति जो अस्थायी तौर पर सहायक है। समय बदलते ही वे हथियार उठा लेंगे।"

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