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COURSE NAME: BNYS
III YEAR EXAMINATION
Subject Name: Manipulative therapy
BNY-301

[Time : 3:00 Hours]

[Max. Marks : 70]

I Long Question: Answer Any Three

[10×3=30]

1. Write in detail about the effect of massage on skin, respiration, circulation, and muscles?
2. Write about the methods of preparation of essential oils and add a note on ways of using aroma oils ?
3. Definition and techniques of Osteopathy and Chiropractic?

II. Short Question: Answer any Five

[5×5=25]

1. List out different type of massage? Explain anyone in detail?
2. Write about powder massage?
3. Write about dry brush massage?
4. What is Sujok therapy? Explain with diagrams?
5. Write a note on the history of massage?
6. Define crisis through massage?
7. Define message and its contraindications?
8. Write message to abdomen and head?
9. Write a short note on stress and its management in massage?
10. Write message in pregnancy?

III. Objectives Question: Answer All Questions

[15×1=15]

1. The word Massage is derived from the greekword?
 A) Maschin B) Massein C) Mazin D) None of these
2. The sequences and directions of Swedish massage strokes are most adapted to which anatomical situation?
 A) lymph drainage and venous return B) subcutaneous adipose tissue
 C) muscle attachments D) autonomic nervous system
3. Touch of Massage is a?
 A) Skilled or Professional touch B) Hard Touch
 C) Medical Touch D) Suppressed Touch
4. Passive Touch can be given?
 A)only on the head B) only on the eyes
 C) only on the back D) Anywhere on the body

5. Simple Touch combined with motion is called as?
A) Kneading B) Rolling C) Stroking D) None of these
6. Digital stroking is given Primarily on?
A) Palm and feet B) Forehead and Spine
C) Shoulder and Elbow D) Ankle and Knee
7. Friction in massage is classified into?
A) Five type B) Seven type
C) Two Type D) Four Type
8. Reflexive physiological effects?
A) are generally a result of nervous system responses
B) are directly produced by the massage therapist
C) are always stimulating and to be avoided
D) None of these
9. The best massage stroke to be used on a chronic sprain is?
A) transverse friction B) effleurage
C) pick up D) tapotement
10. Lymph drainage massage procedures should begin at the?
A) tendons B) left thoracic lymph duct
C) right thoracic lymph duct D) immune system
11. Cross fiber friction massage must be applied in which direction to the fibers?
A) horizontal B) at right angles
C) triangular D) longitudinally
12. Friction, percussion and vibration are techniques that?
A) stimulate B) relax C) strengthen D) weaken
13. The kneading technique in which the practitioner attempts to grasp tissue and gently lift it away from the bone is called?
A) effleurage B) petrissage C) tapotement D) pinching
14. Pressing one superficial layer of tissue against a deeper layer of tissue to improve blood flow is called?
A) rolling B) spreading C) friction D) tapotement
15. Nerve trunks and centers are sometimes chosen as sites for the application of?
A) rolling B) Rocking C) trigger point D) vibration

19/10/2023

Printing Pages : 2

Paper Code: BNY-303 C (SVSU:2021-22/R)

Enrollment No.															
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B.N.Y.S

FINAL EXAM YEAR EXAMINATION

Subject Name:- Acupuncture (BNY-303)

[Total Time - 3:00 Hours]

[Max. Marks : 70]

[Time : 3:00 Hours]

[Max. Marks : 70]

I. Long Question: Answer Any Two [10×2=20]

- Write a note on Auriculotherapy in detail.
- Write in detail about modern theories of acupuncture
- Write a note on Urinary bladder meridian. Add a note of 7 acupuncture point from Urinary bladder meridian.

II. Short Question: Answer Any six [6×5=30]

- Write a note on extra eight meridians.
- Define Pranic Healing and explain its procedure.
- Illustrate Triple warmer meridian with suitable diagram.
- Write a note headache and its types. Also add a note on its management.
- Write a short note on Pulse diagnosis.
- Write a note on five element theories with a labelled diagram.
- Explain the modern stimulation methods.
- Add a note on different methods of moxibustion.

III. Very Short Question: Answer All Question | 2×6=12|

- a. Write about different types of needles
- b. What are the location, indication and needling style for Sishencongpoint?
- c. Write a note on Huatuojiagi point.
- d. What do you mean by Luo connecting points?
- e. Write about the pathway of Heart meridian.
- f. Name any 4 sedative acupuncture point.

IV Objectives MCQ's: Answer All Question [1 x 8 = 8]

1. In pulse diagnosis, which of the following is not the yin organ present in right wrist.
a.Lung b.Heart c. Spleen d.Pericardium
2. Shang dynasty was from
a. 113 Bc b.3737 Bc c.1600 Bc d.2697 Bc
3. In Chinese literature yin and yang represents as
a. Jing Luo b.Creative Cycle
c.Yellow Emperor d.Chinese Monad
4. Five elements symbolise
a. External Organs b.Sense Organs
c.Internal Organs d.Nerves
5. Which theory explains about physiology of pain
a. Motor Gate Theroy b. Endorphin Release Theory
c.Gate Control Theory d.All Of Above
6. Posterior anatomy landmark for St 9 is
a.Laryngeal Prominence b.Masseteri Muscle
c.Sterno-cleidomastoid Muscle d.Trapezius
7. Ah-shi point for frozen shoulder is
a. Li 13 b.Li 16 c.Li 14 d.Li 18
8. First use of acupuncture anaesthesia was done in which year
a. 1994 b.1958 c.1955 d.2000

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Printing Pages : 2

Paper Code: BNY-305 A (SVSU:2022-23/R)

Enrollment No.														
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COURSE NAME: BNYS

3RD YEAR EXAMINATION

Subject Name: Yoga Application (BNY-305)

[Total Time – 3:00 Hours]

[Max. Marks : 70]

I Long Question : Answer Any Two

[10 x 2 = 20]

a. What are Antarayas? Explain in details how to removes it and write the health benefits of removing this obstacle.

b. What are Vrittis? Explain the types of Cittavrittis and methods to control them.

c. Write in details the physiological effects of Yoga asanas on different system.

II Short Question : Answer Any Five

[6 x 5 = 30]

a. Explain Dhyana in details with slokas. What are the two things includes in Dhyana?

b. Describe Kundalini Yoga.

c. Write the health benefits given by Meditation on Central Nervous system.

d. Explain Physiological and Neurophysiological aspects of Pranayama and its relation to health.

e. Explain the details of yoga in relation to personality.

f. Illustrate the effects of Mudras on Endocrine system.

g. Explain the role of Yoga in the management of stress.

h. Explain Samadhi. Add a note on Asamprajnata Samadhi.

III Very Short Answers: Answer All Question [2 x 6 = 12]

- a. What is sakshi bhava.
- b. Illustrate types of neti and write the indications of Sutraneiti.
- c. Write the short notes about Kleshas.
- d. What is Ishwara? What is the symbol of Ishwara in Patanjali.
- e. Write the types of Pranayama according to Patanjali.
- f. Write the four fruits of swara yoga.

IV Objectives MCQ's : Answer All Question [1 x 8 = 8]

- a. Shoonya Samadhi means
 - A. Uninterrupted flow of consciousness.
 - B. Absence of Meditation
 - C. Forget everything, including the object
 - D. None of the above
- b. Asana which stimulate the Cardiac plexus?
 - A. Swastikasana B. Gomukhasana
 - C. Uttanakoormasana D. Matsyendrasana
- c. Moorcha prayanama means
 - A. Swooning breath B. Vitality stimulating breath
 - C. Gulping breath D. All the above.
- d. Ujjayi pranayama means
 - A. Psychic breath B. Cooling breath
 - C. Swooning breath D. Vitality stimulating breath
- e. Hatha yoga pradipika was written by
 - A. Mahayogindra B. Swatmarama
 - C. Gheranda D. Gorakhnath
- f. Shatkrama is the preparation for
 - A. Meditation B. Samadhi
 - C. Asanas D. Pranayama
- g. Transcendental meditation was introduced in the year
 - A. 1960 B. 1954 C. 1950 D. 1959
- h. How many Nadis are present in the body?
 - A. 70,000 B. 74,000 C. 72,000 D. 76,000

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Printing Pages : 1

Paper Code :BNY-307 C (SVSU:2022-23/S)

Enrollment No.

B.N.Y.S

3rd YEAR EXAMINATION

Subject Name:- FASTING THERAPY

[Total Time – 3:00 Hours]

[Max. Marks : 70]

I Long Question: Answer Any Three

[10×3=30]

1. Explain the 5 hygiene auxiliaries of fasting.
2. Illustrate the miracles of fasting in chronic disease and explain the rationale of fasting.
3. Discuss the Bio-chemical and organic changes during fasting
4. Describe the crises during fasting and explain their management?

II. Short Question: Answer any Five

[5×5=25]

1. Write the difference between hunger and appetite?
2. Write the Management of obesity through fasting therapy.
3. What are the indications and contraindications of long fasting?
4. Explain the fasting therapy in Acute disease.
5. Describe the how and when break the fasting.
6. Illustrate religious fasting.
7. What is sane fasting.
8. Repair of organs and tissues during fasting?
9. Explain Pre-fast evaluation.

III. Objectives Question: Answer All Question

[15×1=15]

1. Define fasting.
2. What is the duration of long fasting?
3. Write the Pros and cons of fasting.
4. Write the role of enema during fasting.
5. Define of sane fasting?
6. Define health according to naturopathy?
7. What is criteria of break the fasting
8. What is Water fasting?
9. Explain dugdha (milk) kalpa therapy.
10. What is autophagy?
11. Role of fasting in cancer
12. What is Mono-diet?
13. Write the pros of long fasting.
14. Explain “Laghanam param Aushadan”.
15. Write the importance of rest during Fasting.

Printing Pages :2

Paper Code :BNY-309

B (SVSU:2021-22/S)

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B.N.Y.S

3rd YEAR SUPPLEMENTARY EXAMINATION

Subject Name:-Naturopathy diagnosis

Subject code- BNY 309

[Total Time - 3:00 Hours]

[Max. Marks : 70]

I Long Question: Answer Any Two

[10 x 2 = 20]

- a. Illustrate the iris diagnosis. Draw a neat labeled diagram of Iris chart.
- b. Write the diseases of the internal organs and explain in detail about the management through naturopathy.
- c. Explain in detail about characteristics of healthy body.

II Short Question: Answer Any Six

[6 x 5 = 30]

- a. Write the note on Nerve ring.
- b. Explain how bad habits support the accumulation of foreign matter in body.
- c. Write a short on fermentation.
- d. What is Iridology? Explain in detail about constitution of iris.
- e. Explain lymphatic rosary with labelled diagram.
- f. Explain the Mixed Encumbrance.
- g. Explain zones of Iris with labelled diagram.
- h. Write in short on inflammation.

III Very Short Answers: Answer All Question

[2 x 6 = 12]

- a. What peczely observed in the owl's eye?
- b. What is the normal colour of the Iris?
- c. Which side of encumbrance is more serious?
- d. Define healing crisis.
- e. Write the organs present in the 7-8 clock region of the left Iris?
- f. What do you mean by term Iris map?

IV Objectives MCQ's: Answer All Question**[1 x 8 = 8]**

A. Water plus a sugar solution (grape juice) corresponds to			
a.Fermentation of 1st or Hereditary stage of disease	b.Fermentation of 2nd stage of disease	c.Inflammation of 1st or Hereditary stage of disease	d.All of the above
B. In the organ Clock of right iris chart Appendix is present in			
a. 6-7 O' clock	b. 9-10 O' clock	c. 11-12 O' clock	d. 8-9 O' clock
C. The term lesion is used to identify those lesions which are			
a. Open	b. Closed	c. Both open and close	d. None of them
D. Frozen Shoulder is common in			
a. Front encumbrance	b. Back encumbrance	c. Side encumbrance	d. Mixed encumbrance
E. In the organ Clock of right iris chart Thorax is present in			
a. 9-10 O' clock	b. 6-7 O' clock	c. 11-12 O' clock	d. 8-9 O' clock
F. In which Zone of iris muscle is present			
a. 7 th zone	b. 6 th zone	c. 5 th zone	d. none of them
G. Who is the father of iridology?			
a. Dr. Bernard Jensen	b. Ignatz von Peczely	c. Revere and Nils Liljequist	d. All of the above
H. Resemble a string of pearls or rosary and get their name from this appearance.			
a. Nerve ring	b. Lymphatic Rosary	c. Sodium ring	d. Cholesterol ring

Printing Pages : 2

Paper Code :BNY-311 A (SVSU:2022-23/S)
Enrollment No. _____

Enrollment No.

COURSE NAME- BNYS

3rd YEAR EXAMINATION

Subject Name- Modern Diagnosis

Subject code- BNY 311

[Total Time – 3:00 Hours]

[Max. Marks : 70]

Long Question: Answer Any Two

[10 x 2 = 20]

- a. Write briefly about the examination of the cardiovascular system. [10 x 2 = 20]
b. Name the 3rd cranial nerve & write the examination of it.
c. Write the names of cranial nerves & explain their examination tests.
- II Short Question: Answer Any Five**

II Short Question: Answer Any Five

[6 x 5 = 30]

- a. Write examination of 1st cranial nerve.
- b. Write briefly about GERD.
- c. Define pneumonia their clinical features and pathogenesis.
- d. Explain briefly the types of poisoning with their management.
- e. Enumerate the difference between Peptic Ulcer & Duodenal Ulcer.
- f. Explain in detail the signs of meningeal irritation.
- g. Write about celiac disease.

III Very Short Answers: Answer All Questions[2 x 6 = 12]
a. What is Kernig sign?

- What is Kernig sign?
- Write the normal levels of hemoglobin in males & females.
- Define neck rigidity.
- Define Aphasia.
- Where is Broca's area located?
- Write the normal levels of ESR.

IV Objectives MCQ's: Answer All Questions

[1 x 8 = 8]

1. Which method is used to record the range of motion of joints?
 - i) Neutral zero method
 - ii) Angle method
 - iii) None of these
 - iv) second digit method
2. Symptoms of Diabetes Mellitus
 - i) Polyurea
 - ii) Polydipsia
 - iii) Polyphagia
 - iv) all of the above
3. Types of rheumatoid disorder
 - i) Gout
 - ii) Diabetes Mellitus
 - iii) Obesity
 - iv) Fever
4. In the pain scale, no. 10 denotes
 - i) Very severe pain
 - ii) Acute pain
 - iii) Worst pain
 - iv) Mild pain
5. Inflammation of tendon
 - i) Tendonitis
 - ii) Bursitis
 - iii) Synovitis
 - iv) mastitis
6. The movement which is done with the help of others is called
 - i) Active movement
 - ii) Passive movement
 - iii) ROM
 - iv) Joint movement
7. Name of the instrument to measure ROM
 - i) Stethoscope
 - ii) Thermometer
 - iii) Goniometer
 - iv) Telescope
8. The reason behind "Usage Pain"
 - i) Mechanical
 - ii) Injury
 - iii) Strain
 - iv) All of the above