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Bachelor of Naturopathy & Yogic Science (B.N.Y.S.)

4th YEAR EXAMINATION

OBSTETRICS & GYNOCOLGY

Time : 3 Hours]

[Max. Marks : 70

Note: Answer all the Questions. Draw diagrams/ table wherever necessary.

1. Long Essay : [15×2=30]
 - (a) Describe the causes of anemia in pregnancy and management of iron deficiency anemia
 - (b) Define menopause. Describe the care to be provided to a woman suffering from post menopausal symptoms
2. Write short note on : [10×2=20]
 - (a) Puerperium
 - (b) Pelvic floor excercises
3. Write in brief : [5×4=20]
 - (a) Stages of labour
 - (b) Episiotomy
 - (c) Cervical cancer screening
 - (d) Tubal ligation

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Bachelor of Naturopathy & Yogic Science (B.N.Y.S.)

4th YEAR EXAMINATION

YOGA THERAPY

Time : 3 Hours]

[Max. Marks : 70

Note: Answer all the questions in detail.

1. History of Yoga therapy. [10
2. Explain in detail about the teaching methods in Yoga. [10
3. Add a note on yoga and mental health. [10
4. Explain in detail about the yoga Nidra technique and add a note on how yoga nidra helps to train the mind. [10
5. Yoga therapy management for peptic ulcer. [10
6. What are Asana's ? Write the classification of Asana's? Write the effects of Asana's on Digestive system. [10
7. Write a note on stretch –Reflex mechanism of Asana's? Add a note on effects of Physical exercise on Nervous system and muscular system. [10

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Bachelor of Naturopathy & Yogic Science (B.N.Y.S.)
4th YEAR EXAMINATION
HYDROTHERAPY – II

Time : 3 Hours]

[Max. Marks : 70

Note: Answer all the Questions. Draw diagrams/ table wherever necessary.

1. Long Essay : [10×2=20
 - (a) Define Enema. Write in detail about types, physiological and therapeutic effects.
 - (b) Explain in detail about the secondary excitant effect.
2. Short Essay : [5x8=40
 - (a) Indications and contra indications of immersion bath
 - (b) Define pool therapy. Write about simple exercise in warm water.
 - (c) Cold bath in old age and infancy
 - (d) Hydriatic management for diabetes mellitus
 - (e) Types of chest pack and its benefits
 - (f) Stages of Wet sheet pack
 - (g) Cold water Vs Medicinal tonics
 - (h) Turkish bath
3. Short Answers : [2×5=10
 - (a) Analgesic effect
 - (b) Types of irrigation
 - (c) Name any two best treatments for Insomnia
 - (d) Dermographism
 - (e) Renal pack

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Bachelor of Naturopathy & Yogic Science (B.N.Y.S.)
4th YEAR EXAMINATION
PHYSIOTHERAPY

Time : 3 Hours]

[Max. Marks : 70

Note: Attempt all questions as per the instructions.

1. Long Essay. Attempt any two questions. [15x2=30]

- (a) Write in detail about Relaxation along with it technique & principles?
- (b) Write in detail about short wave diathermy along with its indications and contra-indications ?
- (c) Classify Levers with examples in human body?

2. Short Essay. Attempt any five questions. [6×5=30]

- (a) Define Equilibrium and also write its various types?
- (b) Explain Line of Gravity in human body?
- (c) Write a short note on Frenkel's exercises?
- (d) Write down SD curve along with Chronaxie & Rheobase?
- (e) Write down the difference between Active movements & Passive movements
- (f) What are the indications & contra-indications of Ultra Violet therapy?

3. Very Short Answers. Attempt any four questions: [2.5×4=10]

- (a) AC & DC currents
- (b) Classification of gait.
- (c) Indications of Interferential therapy
- (d) Name techniques of application of wax.
- (e) Physiological effects of Heat.

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Bachelor of Naturopathy & Yogic Science (B.N.Y.S.)

4th YEAR EXAMINATION

**HOSPITAL MANAGEMENT & RESEARCH
METHODOLOGY**

Time : 3 Hours]

[Max. Marks : 70

Note: Answer any Seven Questions only.

1. Elaborate on the recent research in the field on Naturopathy & Yoga. [10
2. Give an introduction to research. Write briefly about the design of study. [10
3. Prepare a short research project of your choice. [10
4. What is forensic medicine. Write in detail of its uses & Need. [10
5. Write a note on law in relation to medical professionals, medical ethics, duties & responsibilities of A Doctor. [10
6. What are poisons? Write in detail about types, actions, diagnosis & treatment. [10
7. Write about holistic approach of patient management. [10
8. What are the roles of hospital administrator in management of a hospital. [10
9. Write the importance of cleanliness in a hospital & control of hospital acquired infection. [10