

Printing Pages : 2

Paper Code : BNY-301 C (SVSU:2022-23/S)

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**COURSE NAME - BNYS**  
**3<sup>rd</sup> YEAR EXAMINATION**  
**Subject Name- Manipulative Therapy**  
**Subject code- BNY 301**

[Total Time – 3:00 Hours]

[Max. Marks : 70]

**I Long Question : Answer Any Two**

[10 x 2 = 20]

- Describe about the effect of massage on Digestion, respiration, circulation and excretion.
- Define Aroma Therapy. Illustrate the History of Aroma therapy.
- Illustrate massage to women, its procedure and its benefits.

**II Short Question : Answer Any Five**

[6 x 5 = 30]

- Explain in the detail about Massage to Infants.
- Illustrate the chiro-practice Therapy.
- Write the indication & contraindication for massage therapy.
- What is insomnia? Write its management through manipulative therapy.
- Explain the joint movement, its type & benefits.
- Explain the percussion, its type & benefits.

**III Very Short Answers: Answer All Question**

[2 x 6 = 12]

- Write the four benefits of massage to the Spine.
- What is Dry brush massage?
- Define Extension.
- Write the difference between Hacking& spatting.
- What are the types of kneading?
- Define osteopathy.

**IV Objectives MCQ's : Answer All Question**

**[1 x 8 = 8]**

a. Sweat gland located in \_\_\_\_\_.

- A. Kidney                      B. Ear  
C. Stomach                    D. Skin

b. In the word Osteopathy, "Osteo" word is refers to \_\_\_\_\_.

- A. muscle                    B. Bones                    C. Tendon                    D. Blood

c. In the following which is not a friction:

- A. centripetal                      B. Digital  
C. centrifugal                    D. Circular

d. What are indication of Massage therapy?

- A. Psoriasis                      B. Eczema  
C. Open wound                    D. none of these

e. How many types of Vibration?

- A. 2                      B. 3                      C. 6                      D. 5

f. How many types of percussion?

- A. 8                      B. 3                      C. 6                      D. 9

g. Superficial kneading is also called as \_\_\_\_\_.

- A. Stroking                    B. Fulling                    C. Compression                    D. none of these

h. Who wrote the book "Art of Massage".

- A. JH kellogg                      B. Henry Lindlahr  
C. Mahatma Gandhi                    D. Ram Dev

12/02/2025

Printing Pages : 2

Paper Code :BNY-303

C (SVSU:2021-22/S)

Enrollment No.

B.N.Y.S

SUPPLEMENTARY EXAMINATION

SUBJECT CODE: - BNY 303

Subject Name: - ACUPUNCTURE

[Total Time – 3:00 Hours]

[Max. Marks: 70]

**I Long Question: Answer Any Two**

[10 x 2 = 20]

- a. Describe in detail about ear acupuncture.
- b. Write down the modern theories of Acupuncture in detail.
- c. Explain in detail about the history of acupuncture.

**II Short Question: Answer Any Six**

[6 x 5 = 30]

- a. Write a note on Organ-Clock therapy.
- b. Add a note on Five-element therapy.
- c. Explain the Neurophysiological of acupuncture.
- d. Explain in detail about Foot reflexology.
- e. Explain the Pranic healing.
- f. What are the Back-shu points in Acupuncture?
- g. Explain in detail about pulse Diagnosis & its importance.
- h. Explain different types of stimulation in Acupuncture.

**III Very Short Answers: Answer All Questions**

[2 x 6 = 12]

- a. What are the Luo – connecting points?
- b. Name any two Xi-cleft points in detail.
- c. Explain the Husband wife Law.
- d. Location of Baihui.
- e. Name the different types of needles.
- f. What are the Alarm points?

**IV Objectives MCQ's: Answer All questions [1 x 8 = 8]**

1. Total number of point present in the anterior branch in the gall bladder meridian.  
a.4                      b. 6                      c. 3                      d. No Points Present
2. According to traditional Chinese description the urinary bladder is associated with which element.  
a. Fire(Minor)                      b. Wood                      c. Water                      d. Earth
3. Arm greater yang is another name for which meridian  
a. Heart Meridian                      b. Lung Meridian                      c. Spleen Meridian                      d. Small Intestine Meridian
4. Total number of points present in heart meridian.  
a. 9                      b. 12                      c. 33                      d.5
5. Starting point of heart meridian.  
a. Centre Of the Axilla                      b. Centre Of the Eyebrow                      c. Lateral Side of The Tip Of The Little Toe                      d. Medial Edge of Eyebrow
6. Acupuncture anaesthesia should actually be labelled as  
a. surgical anaesthesia                      b. painless acupuncture                      c. acupuncture analgesia                      d. none of above
7. First use of acupuncture anaesthesia was done in which year  
a. 1994                      b. 1958                      c. 1955                      d. 2000
8. Which of the following point is used as one of the best tranquilising points?  
a. H-9                      b. H-5                      c. H-1                      d. H-7

14/02/2025

Printing Pages : 2

Paper Code: BNY-305

C (SVSU:2023-24/R)

Enrollment No.

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COURSE NAME- BNYS

3<sup>rd</sup> YEAR EXAMINATION

Subject Name: Yoga Application

Subject Code: BNY-305

[Total Time – 3:00 Hours]

[Max. Marks : 70]

**I Long Question : Answer Any Two**

[10 x 2 = 20]

- Define & classify the Kriya. Explain the Dhauti in detail.
- Illustrate the Pashchimotanasana with procedure, physiological benefits, indication and contraindication.
- Write an essay on Kriya Yoga and its purpose to reach the Samadhi by reducing the Kleshas.

**II Short Question : Answer Any five**

[6 x 5 = 30]

- Describe the Yama and Niyama according to patanjali.
- Explain the chitta Vikshepa antaraya and Chittaprasadanam.
- What is Raga & Dwesha? Enumerate the way of origin of raga & dwesha.
- Elaborate the Nirbija samadhi.
- Illustrate the Sudarshan Kriya Yoga.
- Summarize the Cyclic Meditation.
- Add a note of Pattabhi jois Yoga and Iyanger Yoga.

**III Very Short Answers: Answer All Question**

[2 x 6 = 12]

- Summarize Saptadha Pranta Bhoomi.
- What is Purusha?
- What is Bhastrika Pranayama?
- Write the benefits of nadi shuddhi pranayama.
- Write the technique of Swastikaasana.
- Name the Vrittis.

**IV Objectives MCQ's : Answer All Question**

**[1 x 8 = 8]**

- a. How many Yama explained in Hatha Yoga Pradipika?  
A. 6      B. 8      C. 10      D. 7
- b. How many Sidhhis explained in hatha Yoga pradipika?  
A. 6      B. 8      C. 10      D. 7
- c. The Mastery over the hunger & Thirst by the samyama on-  
A. Manipura Chakra      B. Maitri      C. Korma nadi      D. Throat pit
- d. Dharansucha Yogyata \_\_\_\_\_  
A. Shrirah      B. Samyama      C. Yama      D. Manashah
- e. The Duality of Mind can be removed by-  
A. Asana      B. Pranayama      C. Dharana      D. Dhyana
- f. How many Vedas are there?  
A. 7      B. 8      C. 4      D. None of these
- g. Samsaya & Alashya are-  
A. Vritti      B. Antaraya      C. Maitri      D. Karuna
- h. The union of seer and seen is the cause of.  
A. Maitri      B. Bala      C. Heya      D. None of these

Printing Pages : 2

Paper Code : BNY-307 A (SVSU:2022-23/R)

Enrollment No.

B.N.Y.S

3<sup>rd</sup> YEAR EXAMINATION

Subject Name:- FASTING THERAPY

[Total Time – 3:00 Hours]

[Max. Marks : 70]

**I Long Question: Answer Any Two**

**[2 x 10 = 20]**

- a. Explain the chemical and organic changes during fasting. Define changes in the fundamental function during fasting.
- b. Define Fasting. Describe the role of fasting in detoxification.
- c. Illustrate the miracles of fasting in chronic disease. Explain the rationale of fasting.

**II Short Question: Answer Any Six**

**[6 x 5 = 30]**

- a. Explain the source and metabolism of protein.
- b. Describe the gain and loss of weight during fasting.
- c. Explain the repair of organs and tissue during fasting.
- d. What are the pros and cons of fasting?
- e. Illustrate the auxiliaries of the fasting.
- f. Do you advice fasting in fever, why?
- g. Explain the rule and regulations of sane fasting.
- h. What is the crises during fasting and explain their management?

**III Very Short Answers: Answer All Question**

**[2 x 6 = 12]**

- a. Write about Lemon Honey Juice fasting & its benefits.
- b. Explain hibernation.
- c. Explain briefly pre fast evaluation.
- d. Write the role of fasting in acne.
- e. Define Obesity.
- f. Write the differences between the Dieting & fasting.

**IV Objectives MCQ's: Answer All Question**

**[1 x 8 = 8]**

1. Define nicotineism.
  - a. An chronic disease due to excessive use of alcohol
  - b. An chronic illness due to excessive use of tobacco
  - c. Due to excess use of diazepam
  - d. Acute illness due to the use of nicotine
2. Treatments given during fasting.
  - a. Sunbath
  - b. Hydrotherapy
  - c. Massage
  - d. All of the above
3. Kalpa therapy also known as -
  - a. short fasting
  - b. juice fastin
  - c. monodiet fasting
  - d. long fasting
4. Sarva rog malwasa langhanam paramoshdam.
  - a. all the disease are due to accumulation of toxins and fasting is the best remedy for the removal of toxins
  - b. all the disorder is due to accumulation of toxins
  - c. fasting helps to removal of toxins
  - d. fasting is the best remedy to eliminate the toxins
5. Langhnam means.
  - a. Fasting
  - b. Starvation
  - c. Hunger
  - d. Appetite
6. Autophagy means
  - a. Self digestion
  - b. Auto immune
  - c. Self eating
  - d. None of these
7. Ekadashi fasting come under.....fasting.
  - a. Political
  - b. Religious
  - c. Therapeutic
  - d. Mono-Diet
8. Malah denotes for \_\_\_\_\_.
  - a. Toxins
  - b. Morbid matter
  - c. Waste material
  - d. All.



19/02/2025

Printing Pages :2

Paper Code :BNY-309

A (SVSU:2021-22/S)

Enrollment No.

B.N.Y.S

**3<sup>rd</sup> YEAR SUPPLEMENTARY EXAMINATION**

Subject Name:-Naturopathy diagnosis

Subject code- BNY 309

[Total Time – 3:00 Hours]

[Max. Marks : 70]

**I Long Question: Answer Any Two**

[10 x 2 = 20]

- a. Explain in detail about characteristics of healthy person.
- b. Write about the case history taking according to iris diagnosis.
- c. Explain about five drugs and their chemical appearances on the iris and poisonous effect in the body.

**II Short Question: Answer Any Six**

[6 x 5 = 30]

- a. Write in short about types of inflammation.
- b. Explain how bad habits support the accumulation of foreign matter in body.
- c. Explain lymphatic rosary with labelled diagram.
- d. Explain zones of Iris.
- e. Write a short note on vibratory theory.
- f. Explain foreign matter theory.
- g. How to increase vitality through naturopathy with research evidences.
- h. What is sectoral division?

**III Very Short Answers: Answer All Question**

[2 x 6 = 12]

- a. Define Nerve ring.
- b. What do you mean by term gas pockets?
- c. What is the normal colour of the Iris?
- d. Which side of encumbrance is more serious?
- e. Define catarrh?
- f. Write the organs present in the 4 to 5 clock region of the right Iris?

**IV Objectives MCQ's: Answer All Question**

**[1 x 8 = 8]**

- A.** The sign of the Mercury poisoning in the iris in acute condition is  
a. Greenish film      c. Blackish film      d. Greyish film
- B.** The skin of the healthy man should be  
a. Moist      b. Dry      c. Rough      d. Wet
- C.** The term lacunae is used to identify those lesions which are  
a. Open      b. Closed      c. Both open and close      d. None of them
- D.** Miscarriages or premature births is more common in  
a. Front encumbrance      b. Back encumbrance
- C.** Side encumbrance      d. Mixed encumbrance
- E.** In the organ Clock of left iris chart forehead is present in  
a. 9-10 O' clock      b. 6-7 O' clock  
c. 11-12 O' clock      d. 10-11 O' clock
- F.** In which Zone of iris motor nerve is present  
a. 7<sup>th</sup> zone      b. 6<sup>th</sup> zone      c. 5<sup>th</sup> zone      d. none of them
- G.** Lack of energy is common in  
a. Front encumbrance      b. Right encumbrance  
c. Side encumbrance      d. Mixed encumbrance
- H.** Inflammation of the lungs is more common in  
a. Front encumbrance      b. Right encumbrance  
c. Side encumbrance      d. Mixed encumbrance

Printing Pages : 2

Paper Code: BNY-311

C (SVSU:2023-24/R)

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COURSE NAME: BNYS

3<sup>rd</sup> YEAR ANNUAL EXAMINATION

Subject Name: Modern Diagnosis

Paper Code:- BNY-311

[Total Time – 3:00 Hours]

[Max. Marks: 70]

**I Long Question: Answer Any Two [10 x 2 = 20]**

- Explain the 5<sup>th</sup> cranial nerve and its examination in detail.
- Write briefly about the examination of the Respiratory system.
- Write briefly about the cardiovascular examination.

**II Short Question: Answer Any Five [6 x 5 = 30]**

- Write in detail about the liver function test.
- What are the findings of T3 & T4 in Hyper & Hypothyroidism?
- Write in detail about the clinical features, pathogenesis & lab diagnosis of Diabetics mellitus.
- Write a detail notes on Epistaxis.
- Explain the types of fractures. Add a note on its first aid
- Define TLC. Write down the procedure for estimation of TLC
- Add a note on different types of bandages

**III Very Short Answers: Answer All Questions [2 x 6 = 12]**

- Add a note on bowel sound
- Explain the Parkinson's Gait
- Add a note on significance of history of Chief complaints
- Add a note on clinical features of Diabetes Mellitus
- add a note on Mantoux test
- Define shock

**IV Objectives MCQ's: Answer All Questions [1 x 8 = 8]**

- a. Which of the following is diseases of the cervical spine.  
i) Cervical spondylitis                      iii) Emphysema  
ii) HTN                                          iv) Tuberculosis
- b. IVDP stands for  
i) Intervertebral Disc prolapses  
ii) In Vitro disc prolapses  
iii) Invitro Process  
iv) Intravertebral disc protrudes
- c. ECG stands for  
i) Electrocardiogram                      iii) Electrogram  
ii) Echo-Cardiography                      iv) None of these
- d. Dhatura is which type of poison  
i) Acid poison                                  iii) Chemical  
ii) Alkali Poison                              iv) Plant
- e. Cannabis Sativa is another name for  
i) Bhang                                          iii) Polyp  
ii) Dhatura                                      iv) Kaner
- f. How many stages are there for opium poisoning?  
i) 6                                                  iii) 4  
ii) 3                                                iv) 2
- g. How many methods are used for roller bandages?  
i) 2                                                  iii) 5  
ii) 3                                                iv) 4
- h. Another name for Myopathic gait  
i) Waddling gait                              iii) Neuropathic gait  
ii) Choreiform gait                              iv) Parkinson's gait