



HAPPY RAKSHA BANDHAN



कलाई पर बँधी सिर्फ एक डोर नहीं, सदियों पुरानी अटूट परंपरा है,
रेशम का बस एक धागा नहीं, यह प्रेम-स्नेह-अनुराग का बंधन है,
और सबसे बढ़कर, **राखी** ... रक्षा का वचन है, प्रतिज्ञा है, शपथ है।



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Kudos!

Awards, Patents & Recognitions

PAPERS/ARTICLES PUBLISHED



- **Monika Mishra and Dr. Rafat Khanam** - Ph. D English Scholar published a research paper titled "Dire Straits of Women in the Fiction of Nayantara Sehgal" in UGC Care Listed Journal "Journal for Rajasthan Association for Studies in English", Vol-23, Issue-3, ISSN: 0975-3419, pp 22-37. Monika Mishra is a Ph. D English Scholar at Department of languages, FASS, SVSU.
- **Lalmalsawmtluanga and Dr. Rafat Khanam** - published a research paper titled "Edgar Allan Poe and the Gothic Triad: Supernatural, Obsession and Death" in International Journal of English Literature and Social Sciences, Peer-Reviewed Journal, Vol-10, Issue-3, DOI: <https://dx.doi.org/10.22161/ijels>. Lalmalsawmtluanga, is a Ph. D English Scholar at Department of languages, FASS, SVSU.
- **Akansha Dhigan, Dr. Rafat Khanam**, Associate Professor of English, Department of Languages, FASS, SVSU and Rithik Dhigan- M.A. English Ist Year published a research paper entitled "Socio-Cultural and Psychological Forces behind Women's Suffering in Manto ke Afsaane" in Glimpses, A peer Reviewed Bi-Annual Refereed International journal of Multidisciplinary Research, Impact Factor: 5:50, ISSN-2250-0561, Vol. 14, No.1 pp. 287-297. Akansha Dhigan and Rithik Dhigan are students of Master of Arts in English, Department of languages, FASS, SVSU.
- **Manas Kandi And Rafat Khanam** published a Book Chapter 'Tagore's Humanism: Unraveling Dalit Resilience In 'Gora' And Beyond" in the edited book Voices of Resilience- exploring Dalit History and Literature, Orange Books Publication, Chhattisgarh, bhilai, ISBN: 978-93-6554-313-1, PP 37-45.
- **Dr. Rafat Khanam**- published a Utility Patent entitled, "Analysis of How Language can be Learnt through Literature" Journal no. 13/2025.
- **Dr. Prabhat Singh** (Associate Professor, Faculty of Pharmacy, SVSU) has published a review article on "Exploring Nature's Pharmacy: A Comprehensive Review of Herbal Plants with Neuroprotective Properties" in the Scopus, PubMed, etc. index journal "Current Green Chemistry" IF-3.7, cite score- 4.3, Bentham Science publisher, June 2025 (In Press). DOI: 10.2174/0122133461358521250526080620.
- **Dr. Sartaj Ahmad**, Professor of Medical Sociology, Deptt. of Community Medicine Subharti Medical Meerut 2. Dr. Prem Chandra, Associate Professor, Sardar Patel Subharti Institute of Law, Meerut. has published article on "Preventive Measures of Blasphemy and maintaining religious harmony under new criminal Law; Vol.7, Issue 2. August 2025 Subharti Journal of Interdisciplinary Research.
- **Dr. Ashima and Dr. Amit Kishor**, Department of Computer Science Engineering, published a research paper on "Optimized heuristic LEACH variants for energy-efficient routing in passive optical networks" in Journal of Optimal Communications, (Scopus Indexed), <https://doi.org/10.1515/joc-2025-0241>.
- **Dr. Ashima and Dr. Amit Kishor**, Department of Computer Science Engineering, accepted a book chapter on "Fog Computing and IoT-Based Smart Communication Architecture for Ambient Assisted Living" in the book "Technological Advancements for Ambient Assisted Living Environments", Taylor and Francis Group, 2025. ISBN no. 9781003570134.
- **Vidhi Goswami and Dr. Rafat Khanam**- published a research paper (Short Communication) in SJIR - Subharti Journal of Interdisciplinary Research, ISSN -2581-8716. Vidhi Goswami is a students of Master of Arts in English, Department of languages, FASS, SVSU.
- **Dr. Sartaj Ahmad**, Professor of Medical Sociology has published an article "Investigating the factors affecting digital competency of self employed women in very small businesses in west Bengal - An Empirical study" Journal of Emerging Technologies and innovative Research (An International Scholarly Open Access Peer reviewed, Referred Journal) JETIR July 2025, Volume 12, Issue 7 ISSN 2349-5162.

Thank you for your comments, feedback and your contributions. Subharti Nabzz is aimed at establishing an Internal Communication channel. It is important to note that this is a two-way channel.

We invite you to share your thoughts, ideas and feedback. Please send us an email at nabzz@subharti.org.

We hope you enjoyed reading the wonderful poems and the content of this issue. Looking forward to receiving your contributions for the next issue.



Shutterbug



Dr. Amit Kishor

Faculty of Engineering & Technology

धर्मों का संगम

न कोई हिंदू, न कोई मुसलमान,
यहाँ गूंजता है तो बस शिक्षा, सेवा और संस्कार,
गुरुबानी, गीता, कुरान की बात,
सुभारती सुनाती है सर्वधर्म की सौगात

संघर्ष नहीं, संवाद यहाँ है,
हर मजहब का सम्मान यहाँ है।
एक दीप जले हर आँगन में,
रहे उजाला सबके मन में।

सिख, जैन, बौद्ध या ईसाई,
सभी को मिले यहाँ छांव सवाई।
ध्यान, करुणा, सेवा का पथ,
हर धर्म देता है मानव रथ।

ना द्वेष, ना भेदभाव की छाया,
बस प्रेम का सूरज, एक ही माया।
ज्ञान का मंदिर, शांति की वाणी,
सुभारती की यही असली कहानी।

संविधान के मूल में है यही स्वर,
सर्वधर्म समभाव, अमर विचार।
यही है भारत, यही है सभ्यता]
जहाँ धर्म नहीं, कर्म है महत्ता।

डा. प्रीति सिंह

सहायक आचार्य, पत्रकारिता एवं जनसंचार विभाग

Quote by the Environmental Committee

“To me, a lush carpet of pine needles or
spongy grass is more welcome than the
most luxurious Persian rug.”

— Helen Keller

NewsFlash

Sociology: Textbook of Indian Social system

At the occasion of opening ceremony of 13th Annual Art Exhibition 2025, Raja Ravi Verma Art Gallery, Department of Fine Arts, Nandalal Bose Subharti College of Fine Arts and Fashion Design, CEO Dr. Shalya Raj and Dean Professor Pintu Mishra presented a "Sociology: Textbook of Indian Social system" to the chief guest Film and TV Actress Ms. Sakshi Tanwar.

This book has been written by Dr. Sartaj Ahmad Professor of Swami Vivekanand Subharti University Meerut Uttar Pradesh.

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Enhancing Capacity for Mental Health Support and Well-being

Teachers play an important role in protecting youth from stress and depression – Major General (Dr.) G.K. Thapliyal

Swami Vivekanand Subharti University's Wellness Center is organizing a two weeks workshop and training program for the university coordinators on the topic "Enhancing Capacity for Mental Health Support and Well-being".

At the start of the workshop, the Vice Chancellor of the University, Major General (Dr.) G.K. Thapliyal was welcomed by Subharti Wellness Center Chairman Dr. Rahul Bansal, Co-Chairman Dr. Nagaraju Kamarthi, Secretary Dr. Swati Gupta and Dr. Sartaj Ahmad.

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Guest Lecture by Dr. J.A. Siddiqui on "Applications of Information Technology"

Raja Kunwar Singh Subharti Department of Library and Information Science organized a guest lecture titled "Applications of Information Technology," delivered by Dr. J.A. Siddiqui Head, Department of Library and Information Science, C.C.S. University, Meerut, which captivated and inspired the academic community. Dr. Siddiqui, a distinguished expert in the field. The session was for both intellectually stimulating and practically relevant, emphasizing the indispensable role of information technology (IT) in shaping the future of library science.

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Mentor Mentee Meet 2025

Final Mentor-Mentee Meeting of B.A.LL.B.Batch 2020, organized by Prof.(Dr.)Reena Bishnoi and Ms. Afreen Almas under the direction of former Hon'ble Justice Rajesh Chandra and Prof. (Dr.)Vaibhav Goel Bhartiya,Dean Faculty of Law. It is a five year journey of mentoring that ends with a new beginning. No doubt this mentor mentee system bridges the gap between Faculty and students.

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Samvidhan Hatya Diwas.

As part of the ongoing efforts to promote civic awareness and constitutional education, a special session was organized to observe Samvidhan Hatya Diwas. The event aimed to sensitize students to the significance of the Indian Constitution and the consequences of actions or policies that threaten its core values. During the session, a thought-provoking short film was screened, illustrating how certain political decisions and systemic practices can gradually erode the constitutional principles of justice, equality, liberty, and democracy.

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Guest Lecture on Journal Finding and Publication Ethics

The Department of Paramedical Sciences successfully organized a guest lecture on the topic "Training Young Faculty members to find appropriate Journals for Quality Research Publications" on 04.07.2025. The session aimed to equip young academicians and researchers with essential skills to identify suitable journals for disseminating their work effectively.

The guest lecture was delivered by Dr. Anirudh Srivastava, Associate Professor and In-charge of the Publication Cell at the Research and Development Cell, Swami Vivekanand Subharti University, who is a renowned academician and researcher. In his engaging presentation, the speaker highlighted the importance of selecting credible and high-impact journals for publishing research. He guided the participants on understanding journal metrics, impact factors, indexing databases (like Scopus and Web of Science), and avoiding predatory journals.



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"SehatAdda"

by Lallantop



"SehatAdda" event by Lallantop
in which 3 of our dignitaries
Dr. Kishore Kumar, Dr. Krishna Murty, Dr. Rohit Ravinder
talked about Dental Health & Cancer Awareness.

Simulation Workshop on Nursing Critical Care



A simulation workshop on Nursing Critical Care with hands on training on airway management has been organised today in Panna Dhai Maa Subharti Nursing College as part of 3 day conference jointly organised by Bronchopulmonary World Congress 2025 (BWC) and World Conference on Comprehensive Critical Care (W4C) on the theme: Battling infections in ICU; Elevating Pulmonary, Critical Care Medicine organised by its National President, Dr.Sandeep Jain, who presided over the function.

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One-day workshop, “Ensuring Fair and High-Quality Data Using Open Data Editor”



A transformative one-day workshop, “Ensuring Fair and High-Quality Data Using Open Data Editor,” organized by Raja Kunwar Singh Subharti Department of Library and Information Science, Swami Vivekanand Subharti University, Meerut supported by the Open Knowledge Foundation (OKFN) .The event united faculty members, students, research scholars, and library professionals in a vibrant exchange of ideas, innovation, and technical skills surrounding open data practices in academia.

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Prof. (Dr.) Shalya Raj Honored with Women Empowerment Excellence Award 2025

Prof. (Dr.) Shalya Raj, CEO of Swami Vivekanand Subharti University, has been honored with the prestigious Women Empowerment Excellence Award 2025 by Brand Vista Consulting. The award was presented during the National Conference on Unity for Growth 2025 held on 3rd July 2025 in New Delhi.

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Guest Lecture on “Peri- implantitis – Diagnosis & Management”

The Department of Periodontology & Implantology, Subharti Dental College & Hospital organized a guest lecture on the topic “Peri- Implantitis – Diagnosis & Management”, aimed at enhancing the clinical understanding and skills of students regarding one of the most pressing challenges in implant dentistry today.

The guest speaker for the session was Dr. Esha Katyayen, a renowned Periodontist and Implantologist at OSLO, Norway with extensive experience in implant-related complications and regenerative techniques. The lecture provided a comprehensive insight into the etiology, risk factors, clinical and radiographic diagnosis, as well as evidence-based treatment strategies for managing peri-implantitis.

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Best Integrated Seminar Award

Dr. Nidhi Yadav, Post graduate student, Oral and Maxillofacial Pathology, MDS-Batch 2023, was awarded for the “Best Integrated Seminar” presented by a post graduate (1st position) during the session 2024-2025 by our esteemed Principal & Dean Dr. Nikhil Srivastava and Director PG studies, Dr. Vineeta Nikhil on 9th July 2025. The award was based on the anonymous feedback received from faculty and post graduates.



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Training on Use of Artificial Intelligence in Basic Education

Dr. Vidhi Khandelwal Conducts Training on 'Use of Artificial Intelligence in Basic Education'



Dr. Vidhi Khandelwal, Head of the Department of Animation, Faculty of Fine Arts, Swami Vivekanand Subharti University, delivered an insightful lecture on the role of Artificial Intelligence (AI) in enhancing basic education.

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Faculty of Fine Arts Honored with “Anand Swar Samman 2025”



At the Triveni Kala Sangam, Mandi House, New Delhi, during a musical evening organized by Vaanishree Sanstha, institutions contributing to the field of art were felicitated for their efforts in promoting art and culture in society, and for guiding emerging talents under the mentorship of distinguished artists and scholars.

In recognition of its remarkable contribution to the field of art, Subharti College of Fine Arts, Swami Vivekanand Subharti University, Meerut, was conferred with the prestigious “Anand Swar Samman – 2025”. Dr. Pintu Mishra, Dean and Principal of Subharti Fine Arts College, received the award on behalf of the institution.

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अब भी वक़्त है...

(आधा साल बीतने के बाद, फिर से खुद से वादा करने की प्रेरणा)

सात महीने बीत गए, कुछ राहें अब भी बाकी हैं,
जो ख़्वाब अधूरे रह गए थे, उन्हें सँवारना बाकी है।
जनवरी में कहा था हमने — "कुछ खास कर दिखलाएँगे",
पर दिन बीते, संकल्प सो गए — अब फिर से जागना बाकी है।

"तन और मन को स्वस्थ बनाऊँ", यह संकल्प लिया था,
पर समय की रफ़्तार में, खुद को थोड़ा खोया था।
"परिवार संग पल बाँटेंगे", ये सोच भी बहुत प्यारी थी,
पर जीवन की दौड़ में, वो बात अधूरी सारी थी।

"कर्तव्य को निभाऊँगा निष्ठा से", यह वादा अब भी साथ है,
हर दिन कुछ नया सीख सकें — यही तो असली बात है।
जो राहें रुक गई थीं कुछ दिन, अब फिर से चलना है,
जो भीतर थमा हुआ था कुछ, उसे फिर से जलना है।

साल अभी बाकी है थोड़ा, पर उम्मीदें अब भी जवाँ,
चलो फिर से दीप जलाएँ, जो थमे थे बीच कारवाँ।
जो थमे हुए थे इरादे, अब उन्हें सच कर जाना है,
यह वर्ष भी हमारा होगा — बस अब आगे बढ़ जाना है।

Mr. Mohineesh Sharma

UI/UX Designer (IT Dept.)

Second National Seminar on “Core Values of Swami Vivekananda’s Philosophy”



Swami Vivekanand Subharti University, under the aegis of the Swami Vivekananda Chair of Studies, organized the Second National Seminar on the theme “Core Values of Swami Vivekananda’s Philosophy” to commemorate the Mahasamadhi Day of Swami Vivekananda.

The event witnessed enthusiastic participation from eminent dignitaries, academicians, students, and research scholars from across the country.

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Alumni Guest Lecture on “Development of Motor Skills and Fitness through Sports”



An alumni guest lecture on “Development of Motor Skills and Fitness through Sports” was organized by the Department of Physical Education at Swami Vivekanand Subharti University on 04 July 2025. In which Dr. Arvind Rana, District Sports Officer, Datia, Madhya Pradesh was present as the keynote speaker. Lieutenant Professor Dr. Sandeep Kumar, Dean, Faculty of Education and Head of the Department of Physical Education welcomed the keynote speaker by presenting a plant and a shawl.

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Bastille Day Celebration

Rahul Sankrityayan Subharti School of Linguistics and Foreign Languages, FASS, Swami Vivekananda Subharti University, celebrated Bastille Day (French National Day) on July 15, 2025, with great enthusiasm and cultural fervor. The event, titled “Fete Nationale”, was organized under the MoU by the Department of Languages in collaboration with Le Frehindi, an organization that promotes French language and cultural exchange.

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A Researcher's Guide to Writing, Submitting, and Publishing High-Quality Article



Jyotirao Phule Subharti College of Physiotherapy organized a comprehensive academic session on 16th July titled “From Idea to Impact: A Researcher's Guide to Writing, Submitting, and Publishing High-Quality Articles.” The resource person was Dr. Anurag Srivastav, Associate Professor from the R&D Cell, who delivered a lecture on writing and submitting high-quality research papers. This enlightening session was aimed at strengthening the research capabilities of faculty members.

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Hariyali Teej Celebration

The Department of Education, Faculty of Education, Swami Vivekanand Subharti University, Meerut, celebrated Hariyali Teej with great enthusiasm and cultural spirit on Saturday, July 26, 2025. Prof. (Dr.) Pramod Kumar Sharma, honourable Vice Chancellor of SVSU and Prof. (Dr.) Shalya Raj, Chief Executive Officer, SVSU Meerut extended warm wishes to all the students and teachers on Hariyali Teej.

The event commenced with a lamp lighting ceremony, gracefully conducted by Prof. (Dr.) Sandeep Kumar, Dean, Faculty of Education, and Dr. Anoj Raj, Professor, Department of Education, in the presence of Dr. Reshu Rani, Event Coordinator and Assistant Professor, Department of Education. All faculty members and students of the department joined together in marking the vibrant celebration.

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आसमां के पार सपनों की उड़ान

वैसे तो भारतीय वायु सेना के इस होनहार पायलट को 2000 से भी ज़्यादा घंटों की उड़ान का शानदार अनुभव पहले से था, वह दुनिया के कुछ बेहतरीन लड़ाकू विमान भी उड़ा चुका था, अनगिनत बार विमान के कॉकपिट में बैठे हुए उसने आकाश की असीम ऊँचाईयों को छुआ था और ना जाने कितनी बार वह बादलों से होकर गुज़रा था, पर इस बार उसे बादलों से भी आगे जाना था, इस बार उसकी नई उड़ान उसे नीले आसमान के पार ले जा रही थी। इस बार उसका नया मिशन हर मायने में अलग था — उसे धरती की सतह से इतना ऊपर जाना था जब गुरुत्वाकर्षण बेअसर हो जाता है और मनुष्य का शरीर जैसे शून्य में तैरने लगता है, इस बार वह अंतरिक्ष से पृथ्वी को निहारने का विलक्षण अनुभव लेने जा रहा था। ग्रुप कैप्टेन शुभांशु शुक्ला की यह यात्रा अभूतपूर्व थी, क्योंकि यह भारत के इतिहास में अंकित होने जा रही थी।

शुभांशु के स्पेस मिशन की शुरुआत 25 जून को हुई जब स्पेस एक्स के ड्रैगन स्पेसक्राफ्ट ने अमेरिका के फ्लोरिडा में नासा के कैनेडी स्पेस सेंटर से इंटरनेशनल स्पेस स्टेशन के लिए उड़ान आरंभ की। यह उड़ान, जिसे Ax-4 नाम दिया गया, दरअसल एक व्यावसायिक उड़ान थी जिसे अमेरिका के ह्यूस्टन स्थित एक प्राइवेट फर्म एक्सिऑम स्पेस द्वारा ऑपरेट किया गया। 18 दिवसीय Ax-4 मिशन में अमेरिकी स्पेस एजेंसी नासा, भारतीय स्पेस एजेंसी इसरो, यूरोपियन स्पेस एजेंसी, और स्पेस एक्स का संयुक्त सहयोग रहा है।



पृथ्वी की निचली कक्षा में परिक्रमा कर रही प्रयोगशाला इंटरनेशनल स्पेस स्टेशन की ओर जा रहे ड्रैगन स्पेसक्राफ्ट में सवार चार लोगों के दल का नेतृत्व कर रही थीं नासा की वरिष्ठ एस्ट्रोनॉट पेगगी व्हिटसन, मिशन पायलट थे ग्रुप कैप्टेन शुभांशु शुक्ला, अन्य दो सदस्य पोलैंड व हंगरी से थे। उन्हें आईएसएस तक पहुँचने में कुल 28 घंटे लगे। ड्रैगन को वेस्टब्यूल (एक गलियारे जैसी संरचना) के माध्यम से आईएसएस से जोड़ दिया गया, हैच खोले गए, और आईएसएस में पहले से मौजूद सात लोगों ने Ax-4 मिशन के सदस्यों का स्वागत किया। दो हफ्तों से भी ज़्यादा समय तक चलने वाले इस मिशन के दौरान शुभांशु ने आईएसएस में विभिन्न वैज्ञानिक प्रयोगों को अंजाम दिया। आईएसएस के प्रसिद्ध क्यूपोला मॉड्यूल से धरती का अद्भुत नज़ारा देखते शुभांशु की तस्वीर को करोड़ों भारतवासियों ने समाचार पत्रों में, टीवी / इंटरनेट पर देखा। मिशन का अंतिम चरण ड्रैगन के आईएसएस से अलग होने के साथ शुरू हुआ। स्पेस स्टेशन से अनडॉक होने के कुल 22 घंटे बाद इसने कैलिफ़ोर्निया के सैन डिएगो के तट के नज़दीक प्रशांत महासागर में लैंड किया।

शुभांशु की इस असाधारण यात्रा से लगभग चार दशक पहले, शुभांशु के जन्म से भी पहले, भारतीय वायु सेना का ही एक पायलट अंतरिक्ष में प्रथम भारतीय की उपस्थिति दर्ज करा चुका था — विंग कमांडर राकेश शर्मा पहले भारतीय अंतरिक्षयात्री थे, जो 1984 में रूसी सोयुज़ टी-11 यान से सोवियत यूनियन के स्पेस स्टेशन सेल्युत-7 में पहुँचे और वहाँ करीब आठ दिन रहे। शुभांशु राकेश शर्मा के बाद अंतरिक्ष की यात्रा करने वाले दूसरे भारतीय हैं, लेकिन वे इंटरनेशनल स्पेस स्टेशन में कदम रखने वाले पहले भारतीय हैं। भले ही शुभांशु की यह यात्रा अंतरिक्ष में किसी भारतीय की प्रथम यात्रा नहीं है, लेकिन Ax-4 मिशन में शुभांशु ने जो कौशल, प्रशिक्षण और अनुभव हासिल किया है वह 2027 में भारत के अपने ह्यूमन स्पेसफ्लाइट प्रोग्राम 'गगनयान' के लिए बेहद अहम है, जिसके अंतर्गत पहली बार स्वदेश निर्मित अंतरिक्षयान में भारतीय अंतरिक्षयात्रियों के दल को पृथ्वी की निचली कक्षा में भेजा जाना है।

शुभ्र आत्रेय, कॉन्टेंट राइटर, आई. टी. डिपार्टमेंट



“विमान उड़ाने की नैसर्गिक योग्यता उसमें शुरुआत से ही थी।” यह कहना है शुभांशु के पहले फ्लाईंग इंस्ट्रक्टर का, जिन्होंने राष्ट्रीय रक्षा अकादमी में उन्हें उड़ान का प्रथम प्रशिक्षण दिया। वायु सेना अकादमी से प्रशिक्षण प्राप्त करने के बाद उन्हें 2006 में भारतीय वायु सेना में एक फाइटर पायलट के तौर पर कमीशन मिला। उन्होंने मिग-21, मिग-29, सुखोई-30MKI, जैगुआर, और हॉक जैसे बेहद उन्नत लड़ाकू विमानों को उड़ाया, टेस्ट पायलट और कॉम्बैट लीडर जैसी चुनौतीपूर्ण भूमिकाओं में रहकर सफलतापूर्वक कार्य किया। 2019 में भारत के महत्वाकांक्षी गगनयान मिशन के लिए वायु सेना के चार पायलटों का चयन किया गया, जिनमें से एक शुभांशु भी हैं। 2024 में इसरो ने शुभांशु को Ax-4 मिशन के लिए मिशन पायलट बनाने की घोषणा की।



Yoga Training at Daegu Hany University by Naturopathy Students

BNYS & MD students of Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut

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Wellness & Stress Management for Teaching, Non-Teaching Staff & Students

Objectives of the Workshop

To create awareness about the importance of wellness and mental health in academic institutions

To identify key stressors faced by Teaching & non-teaching staff

To promote collaboration, empathy, and mental well-being between teaching and non-teaching staff and students

Target Group: Faculty Members, Non-Teaching Staff, Students

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A profound sense of gratitude and remembrance filled the air today on Kargil Vijay Diwas.



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The grass is greener, the air is filled with cheerful chaos, and a little rain just made it all the more perfect.



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Another alumnus with an amazing success story! Meet Mr. Aakash, a freelance journalist of 2018 batch.



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