

Printing Pages : 2

Paper Code :DGC-102
(A) (SVSU): 2025-2026/R

Enrollment No.

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COURSE NAME-Diploma in Guidance and Counselling
I SEMESTER/I YEAR EXAMINATION

Subject Name- Counselling Skills

Subject Code-DGC-102

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three [10×3=30]

1. Describe how cultural sensitivity affects the counselling relationship.
2. Explain the strengths and weaknesses of psychological tests.
3. What are the various Projective Techniques used in counseling? Describe any one type of Projective Technique. (Knowledge)
4. Describe how test results support diagnosis and intervention planning.

II. Short Question: Answer any Five [5×5=25]

1. Define Counseling and mention its importance.
2. Describe why trust and rapport are vital in counselling.
3. Apply the steps to a case where a student faces exam stress.
4. Distinguish between personal traits and professional skills of a counsellor.
5. Compare achievement tests with aptitude tests.
6. Illustrate with examples how counsellors manage emotions during sessions.
7. Examine conflicts between client rights and counsellor responsibilities

[P.T.O.]

Objectives Question: Answer All Question

[15×1=15

1. Interest Inventory
2. Case Study
3. Observation skill
4. Scoring
5. Intelligence Test
6. Ethical Issues
7. Anecdotal Record
8. Assessment Process
9. Follow up
10. Interviewing
11. Cumulative Records
12. Case History
13. Questionnaire
14. Recording
15. Counsellor

Printing Pages : 2

Paper Code : ECCE-101
(A) (SVSU): 2025-2026/R

Enrollment No.

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Early Childhood Care and Education

I Year I Semester Examination

Foundation of Education

Paper Code: ECCE-101

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three [10×3=30]

1. Explain the meaning, nature, and scope of education with reference to child development.
2. Elaborate the nature and significance of primary education in shaping the personality of children.
3. Discuss Mahatma Gandhi's educational philosophy and his contribution to child-centered education through Nai Talim.
4. Describe the Montessori Method of education, its principles, and its impact on preschool education worldwide.

II. Short Question: Answer any Five [5×5=25]

1. Explain the significance of primary education in child development.
2. Explain Mahatma Gandhi's concept of Basic Education (Nai Talim).
3. Explain Pestalozzi's ideas and their relevance in modern preschool education.
4. Describe the structure and functions of Balwadi programmes in India.
5. What is the role and importance of SOS Villages in child welfare?
6. Discuss John Dewey's philosophy of education and learning by doing.
7. Describe the contribution of Rabindranath Tagore in the field of preschool education.
8. Describe the structure, objectives, and functions of Balwadi programmes in India.

[P.T.O.]

III. Objectives Question: Answer All Question

[15×1=15]

1. What is broader meaning of Education?
2. What is derivative meaning of Education?
3. Who was Mahatma Gandhi?
4. Who was John Dewey?
5. Name the school founded by Tagore.
6. What is formal education?
7. What is non-formal education?
8. What is the nature of primary education?
9. Who was Pestalozzi?
10. What are the objectives of ICDS?
11. What is Balwadi?
12. Who are the beneficiaries of Mobile Crèches?
13. What is Childhood Education in India?
14. What is the role of Central Social Welfare Board (CSWB)?
15. What is NCERT?

Printing Pages : 1

Paper Code : DPHN-104

(B) (SVSU): 2025-2026/R

Enrollment No.

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Program Name-DPHN

I Year /I Semester Examination

Subject Name- Meal Planning and Diet Therapy

Subject Code-DPHN-104

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three

[10×3=30]

1. Discuss the importance of meal planning in ensuring nutritional adequacy across life stages.
2. Describe nutritional requirements and feeding patterns during infancy and childhood.
3. Explain the role and application of diet therapy in the management of metabolic disorders.
4. Elaborate on dietary management for diabetes mellitus with menu planning.

II Short Question: Answer Any Five

[5×5=25]

1. Explain the factors influencing meal management.
2. Discuss nutrition during adolescence with special reference to growth and food habits.
3. What are the objectives of therapeutic diet modification?
4. Write short notes on enteral and parenteral nutrition.
5. Describe the dietary management for hepatitis.
6. Explain the nutritional requirements during pregnancy.
7. Discuss obesity and its prevention through dietary modifications.

III Very Short questions: Answer All Questions

[1×15=15]

1. Lactation
2. Therapeutic diet
3. Constipation
4. Enteral nutrition
5. Parenteral nutrition
6. Diet therapy
7. Obesity
8. Anaemia
9. Hepatitis
10. Pregnancy
11. Infancy
12. Geriatric nutrition
13. Diet modification
14. Nutrient needs
15. Peptic

Enrollment No.

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COURSE NAME-Diploma in Guidance and Counselling

I SEMESTER/ I YEAR EXAMINATION

Subject Name- Counselling in Special Groups

Subject Code-DGC-103

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three

[10×3=30] 1.

1. List and explain the major types of anxiety-related disorders encountered in behavioural counselling.
2. Describe the main symptoms, causes, and treatments of mood and psychotic disorders in the context of counselling practice.
3. Discuss the counselling requirements of socially and economically disadvantaged groups like orphans, dropouts, and delinquents.
4. Assess the efficacy of counselling interventions in coping with dissociative disorders and adjustment problems.

II Short Question: Answer Any Five

[5×5=25]

1. Describe the role of the counsellor in resolving family problems of exceptional individuals.
2. Define cognitive-behavioural etiology of behavioural dysfunction.
3. Briefly outline the features of phobias and how counselling assists.
4. Describe the symptoms and approaches to counselling for psychotic disorders.
5. Describe preventive interventions for suicide among adolescents in schools.
6. Write a brief note on somatoform disorders and counselling styles.
7. Explain the classification of Disability.

III Very Short questions: Answer All Questions

[1×15=15]

1. Child Abuse
2. Sexual Abuse
3. Emotional Abuse
4. Statutory Requirements
5. Duty to Report (Mandated Reporting)
6. Behavioural Dysfunction
7. Normality and Abnormality
8. Psychoanalytic Theory
9. Humanistic-Existential Theory
10. Cognitive-Behavioural Theory
11. Transpersonal Psychology
12. Mental Disorders
13. Panic Attack
14. Generalized Anxiety Disorder (GAD)
15. Phobias

Printing Pages : 1

Paper Code : DPHN-103

(C) (SVSU): 2025-2026/R

Enrollment No.

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Program Name-DPHN

I Year /I Semester Examination

Subject Name-Fundamentals of Food and Nutrition

Subject Code-DPHN-103

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three

[10×3=30]

1. Describe the classification, digestion, and absorption of proteins.
2. Discuss the composition and nutritional contribution of milk and milk products.
3. Explain the microwave cooking and dry heat cooking, their advantages and disadvantages.
4. Describe the fat soluble and water soluble vitamins in detail.

II Short Question: Answer Any Five

[5×5=25]

1. Write short notes on balanced diet and food exchange list.
2. Explain the relationship between food, nutrition, and health.
3. Write short notes on B complex vitamins.
4. Describe frying cooking advantages and limitations.
5. Explain germination and fermentation with examples.
6. Discuss the food fortification and supplementation in detail.
7. Explain the role of beverages in diet.
8. Write short notes on ISO 9000 and ISO 14000.

III Very Short questions: Answer All Questions

[1×15=15]

1. What is nutrition?
2. Define balanced diet.
3. Name one protein-rich food.
4. Define vitamin.
5. Mention one source of vitamin C.
6. Food pyramid.
7. Define boiling as a cooking method.
8. Name one dry-heat method.
9. What is fermentation?
10. Define fortification.
11. Expand AGMARK.
12. What is supplementation?
13. Name water soluble vitamin.
14. Nutritional value of milk.
15. HACCP

Printing Pages : 1

Paper Code : ECCE-102

(B) (SVSU): 2025-2026/R

Enrollment No.

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**COURSE NAME- Diploma in Early Childhood Care and Education
I SEMESTER/I YEAR EXAMINATION**

Subject Name- Child Psychology and Child Development

Subject Code-ECCE-102

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three**[10×3=30]**

1. Explain the meaning and nature of Child Psychology. How does it contribute to understanding children's behavior and development?
2. Describe the types of intelligence tests and explain the characteristics of a good intelligence test. How can these tests help teachers?
3. What are the major factors influencing personality development in children? Explain how home and school environments contribute.
4. Explain the concept of memory and describe various methods to improve it among school children.

II Short Question: Answer Any Five**[5×5=25]**

1. What is the definition of child psychology in simple terms?
2. Define heredity and environment as influencing factors in development.
3. Name any two types of widely used intelligence tests.
4. State two characteristics that define a good intelligence test.
5. Write any two advantages of observation for assessing personality traits.
6. Define memory and explain its basic meaning in psychology.
7. How does physical development differ from cognitive development clearly?

III Very Short questions: Answer All Questions**[2×10=20]**

1. Heredity
2. Environment
3. Intelligence
4. Intelligence Quotient (IQ)
5. Verbal Intelligence
6. Performance Intelligence
7. Standardization
8. Reliability
9. Validity
10. Personality

Printing Pages : 1

Paper Code :DGC-101

(A) (SVSU): 2025-2026/R

Enrollment No.

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DIPLOMA IN GUIDANCE AND COUNSELLING
I SEMESTER / I YEAR EXAMINATION
GUIDANCE AND COUNSELLING
Paper Code: DGC-101

[Time: 3:00 Hours]

[Max. Marks: 70]

Note: Attempt all the questions as per instructions.

I	Long Question: Answer Any Three	[10×3=30]
1.	What is counselling? Explain. Describe its different types, need and importance of Counselling.	
2.	What do you mean by educational guidance? Explain the purpose and scope of educational guidance in school?	
3.	What is meant by counsellor? How does it differ from guidance? Discuss the significance of counselling in schools.	
4.	"Counselling is a face-to-face relationship in which growth takes place" Discuss the objectives and importance and need of counselling in the light of the given statement.	
II.	Short Question: Answer any Four	[5×4=20]
1.	What are the things that a person should consider to be a good counsellor?	
2.	Discuss the meaning and need of guidance in vocational area.	
3.	Clarify the 5 differences between guidance and Counselling?	
4.	What is the need of organizing guidance services in senior secondary schools?	
5.	Explain the most common challenges faced by new counsellor.	
6.	Explain the benefits of Career Counselling.	
7.	Explain Counselling Set-up.	
III.	Objectives Question: Answer All Question	[10×2=20]
	<i>Write a very short not on-</i>	
1.	Old Age	
2.	Intervention	
3.	Assessment	
4.	Frustration	
5.	Cognitive Development	
6.	Stress	
7.	Moral Development	
8.	Follow-up Sessions	
9.	Group Counselling	
10.	Individual Counselling	

Printing Pages : 1

Paper Code : DPHN-102

(A) (SVSU): 2025-2026/R

Enrollment No.

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Program Name-DPHN

I Year /I Semester Examination

Subject Name-Community Nutrition

Subject Code-DPHN-102

[Time: 3:00 Hours]

[Max. Marks: 70]

I Long Question: Answer Any Three

[10×3=30]

1. Explain the concept and scope of Community Nutrition with suitable examples.
2. Discuss major nutrition-related problems prevalent in India and suggest preventive strategies.
3. Describe various food adulterants commonly found in India and their health hazards.
4. Explain any three national nutrition programmes and critically evaluate their effectiveness.

II Short Question: Answer Any Five

[5×5=25]

1. List the major factors affecting food availability and explain any two.
2. Differentiate between intentional and incidental adulteration with examples.
3. Write a short note on the role of FSSAI in controlling food adulteration.
4. Explain the contribution of WHO in improving nutritional status.
5. Describe the steps involved in anthropometric assessment in community settings.
6. Write a note on common clinical signs of malnutrition.
7. Explain the importance of dietary surveys in community nutrition.
8. State the objectives of the Integrated Child Development Services

III Very Short questions: Answer All Questions

[1×15=15]

1. Define community nutrition.
2. Name one micronutrient deficiency widely seen in India.
3. Give one example of adulteration in milk.
4. Explain FSSAI.
5. State one role of NGOs in nutrition.
6. What is the full form of RDA?
7. Name one biochemical test used in nutrition assessment.
8. Mention one sign of Vitamin A deficiency
9. Name one anthropometric index.
10. Give one example of a voluntary agency in nutrition.
11. State one health hazard of adulterated spices.
12. Define clinical assessment.
13. Mention one objective of the Mid-Day Meal Programme.
14. State one factor affecting food intake.
15. Name one dietary survey method.

Printing Pages : 1

Paper Code : DPHN – 101 (B) (SVSU): 2025-2026/R

Enrollment No.

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Diploma in Dietetics and Public Health Nutrition
I YEAR/ 1st SEMESTER EXAMINATION
HUMAN PHYSIOLOGY
Paper code- DPHN – 101

[TIME: 3 HOURS]**[MAX. MARKS: 70]****ATTEMPT ALL QUESTIONS.****I Long Question: Answer Any Three****[10×3=30]**

Q1.Elaborate on the structure and function of cell organelles including mitochondria, endoplasmic reticulum, Golgi apparatus, lysosomes, and ribosomes.

Q2.Describe the structure and function of the respiratory system in detail.

Q3.Explain the immune system in detail, differentiating between innate and adaptive (acquired) immunity.

Q4.Describe the male reproductive system in detail. Explain the process of spermatogenesis with hormonal regulation at each stage (role of FSH, LH, and testosterone).

II. Short Questions: Answer Any five**(5 × 5 = 25 Marks)**

Q1.Explain the mechanism of nerve impulse generation and propagation along the axon.

Q2.Discuss the factors that determine cell size and shape.

Q3.Describe the role of liver, pancreas, and gall bladder in digestion.

Q4.Explain the structure of the respiratory system from nose to alveoli

Q5.Discuss the composition of blood (plasma and formed elements).

Q6.Explain the ABO and Rh blood group systems.

Q7.Describe the structure and function of connective tissue.

III. Very Short Questions: Answer All Questions**(15×1 = 15 Marks)**

Q1. Name any two cell organelles.

Q2. What is a nerve impulse?

Q3. Define efferent nerve.

Q4. What is the function of the blood-brain barrier?

Q5. What is an exocrine gland? Give one example.

Q6. What is the role of hemoglobin?

Q7. Name the smallest functional unit of the lungs.

Q8. Define cardiac cycle.

Q9. What is blood pressure?

Q10. Name two plasma proteins involved in immunity.

Q11. What is dialysis?

Q12. Define renal failure.

Q13. What is the role of ATP in muscle contraction?

Q14. Define conception.

Q15. What is implantation?
